



Dear Friends,

Thanks to all of you who attended and supported our Living with Myeloma Conference on March 31st, 2007 in Tucson. We had a great day with over 100 attendees, faculty, and volunteers.

We all learned a lot about some of the newest treatments and research for Myeloma and also had a chance to talk with our entire wonderful faculty both in the Conference and informally throughout the day. Our workshops generated a lot of interest, especially Insurance and Advocacy Issues, and ways to enhance our Support system.

Our afternoon session on Integrative Approaches to Cancer and Advocacy Strategies were also well received and will definitely be part of our next Conference, already being 'planned' for early 2008 in Phoenix.

You can look at our Conference materials on our website, and as soon as we have the 'date' and 'place' for next year, we will post that so you can plan ahead.

So much else is happening as you can see in our April/May AzMN Newsletter, and we will need your support as we take on new projects on behalf of myeloma here in Arizona.

Hope to see you at our 3rd Annual Golf Tournament on September 21st, 2007 at the Orange Tree Resort!

Fondly, Barbara



### AZ DHS/AZ CCCP Proclamations on behalf of Myeloma

On commencement of the 'Living with Myeloma Conference,' in Tucson, AzMN was presented with a plaque from the Governor proclaiming March 31st as **Arizona Myeloma Awareness Day** and the week of March 31st through April 7th as **Myeloma Awareness Week**. The Arizona State Flag, flown on the Capitol Building on March 30th, was presented to Barbara on April 6th.



AzMN has been so fortunate to have the support of Kendra Sabol, Director of the Arizona Comprehensive Cancer Control Program (CCCP) and the Arizona Department of Health Services (ADHS), who were the Partners for our 'Living with Myeloma Conference.' We are looking forward to working with them on future programs on behalf of myeloma here in Arizona.

### Thanks to our Conference Sponsors and Supporters

AzMN wishes to thank and recognize our generous sponsors and supporters who were so generous in helping us make our Conference a success. We appreciate their commitment to myeloma and to helping AzMN achieve its goals on behalf of patients and families. Thank you all: Millennium, Celgene, Novartis, The Binding Site, Sherry and Jerry/Windermere, Black Bear Diner, Arizona Cancer Center, Sunstone, InnSuites Hotels, and the Phoenix and Tucson Support Groups.

We also thank our wonderful team of volunteers and our faculty, who gave so much of their time and energy, and for some, drove from Phoenix all the way down to Tucson on a Saturday, after their busy weekly jobs and family responsibilities, to be part of our program. Thanks also to the kind contributors for the wonderful raffle gifts for our conference.

### Myeloma Poem

Albert J. Taylor of the Tucson Support Group sends us this poem he wanted to share with everyone which he wrote a couple of years ago, after being diagnosed with Myeloma.

#### Going My Way

*If I could choose my way of going, I'd go  
One of the ways of passing that I know,  
Ascending trails that carry me to heights  
Not reached before, to yield me new delights.*

*Let way lead on to way, the way I trek  
The sides of Wasson Peak, 'til I'm a speck  
To those who wait below,  
and then ---- I'm gone  
From view, ascending trails that lead me on.*

*But, on this climb when I'd reached the crest,  
I'd just go on a new unending quest.  
Upon this trail there'd be no turning,  
But only waiting those set on my track.*

*I'd slow my pace for those who hold me dear  
And took the trail because  
they missed me here.*

Please see our [www.azmyelomanetwork](http://www.azmyelomanetwork.com) website for additional pictures of the Conference.

**SAVE THE DATE - SIGN UP EARLY!**

## 3rd Annual Arizona Myeloma Network Charity Golf Tournament

Friday, September 21, 2007

**Benefiting Arizona cancer patients**

**Location:**

Orange Tree Golf Resort  
10601 N. 56th Street, Scottsdale, AZ 85254  
12:00 noon Registration  
1:00 p.m. Scramble Shotgun Start

**Contact:**

Sherry Wong - 602.402.4725  
slwong@windermere.com  
Barbara Kavanagh - 623.388.6837  
azmyelomanetwork@cox.net

Prizes: 1st - 3rd Teams, Longest Drive, Hole-in-One, Closest-to-the-Pin  
Foursome: \$575, Single: \$150, Dinner Only: \$45

**Reserve Early (by August 1<sup>st</sup>) Prices:**

**Foursome: \$535, Dinner Only: \$40**

All above with Box-Lunch & Dinner (5:30 p.m.) - Reservations Required  
Awards, Raffles, Auctions, & Entertainment



Proceeds will fund continuing AzMN Outreach Events and Educational Programs for Multiple Myeloma patients, their families and caregivers.

**Multiple Myeloma is a complex and often misdiagnosed bone marrow plasma cell cancer that attacks and destroys the bone.**

Sign up on our website at [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org)

AzMN's Third Annual Charity Golf Tournament is scheduled for Friday, September 21st, at the Orange Tree Golf Resort, one of 'Arizona's most played golf courses.' Everyone we speak to loves the course and says the food and service are great.



We need your help, even if not a golfer, join us for dinner that evening and bring your friends, donate raffle or auction prizes, buy raffle tickets, and invite your 'golfing' friends and business associates to enjoy a great day with the satisfaction of knowing you helped myeloma patients.

For further information, or to volunteer, you can contact Barbara Kavanagh, 623.388.6837, or Sherry Wong, 602.402.4725.

Please visit our AzMN website at: [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org) for details and registration information.

### Tissue Donor Awareness Project (TDAP) - An Awareness Workshop for the Cancer Community.

On March 31st, at the Living with Myeloma Conference, Kendra Sabol announced AzMN had been awarded a competitive grant for Tissue Donor Awareness by the AZ Dept. of Health Services/Comprehensive Cancer Control Program. The Grant forms a portion of AZ CCCP's 15 priority initiatives for cancer control intervention: the 14th objective, which is: to 'Educate the public regarding the importance and relevance of participating in cancer clinical trials.'

The 9 month Grant includes developing all materials and agenda to present 3 workshops on: 'Why It Is Important To Consider Donating Tissue For Cancer Research.' AzMN's proposal was based on leading myeloma and other cancer researcher statements that one of the major

barriers to new research is the lack of appropriate tissue samples. Cancer research benefits myeloma, blood and other cancer patients, since it leads to new treatments and medications for all. It also results in better treatment choices for cancer patients, as well as specific genetic matching and combining of treatments.

The TDAP will present 3 workshops in 3 locations: Phoenix, Sat., Sept. 15<sup>th</sup>; Prescott, Sat., Oct. 13th; and Tucson, Sat. Nov.17th. All workshops are from 10am-1pm, including presentations and a 1 ½ hour Q&A panel of 'Tissue Issue' experts. All myeloma and other cancer patients, families, and caregivers are invited, as well as, support groups, healthcare and medical professionals and associations. Workshops are free and open to all, but require pre-registration since we will be providing handout materials and a free box lunch.

The grant will be staffed by: Barbara Kavanagh, Kay Kays, and Lyman Smith. Our friends from the Illinois based Research Advocacy Network will participate in all three workshops. We have received a lot of interest and potential support from local researchers, including Mayo/TGen Multiple Myeloma Research Collaborative, AZ CCCP Research Committee, and Virginia Piper Cancer Center. We also expect support from the AZ CCCP, U of A Integrative Medicine Center, Wellness Community, Sunstone Healing Center, and other AZ cancer groups. Please put the above dates on your calendar to register starting June 1st, on our [www.azmyelomanetwork.org](http://www.azmyelomanetwork.org) website or email us at [azmyelomanetwork@cox.net](mailto:azmyelomanetwork@cox.net). You can also look at our website June 1st for further details about the TDAP project.

### Dear Friends:

*I have enjoyed working with all of you for the past two years and will continue to assist AzMN's TDAP, but regretfully, for personal reasons, I have decided to pursue other interests. As you all know, I have been deeply involved with AzMN as a fulltime volunteer; it has been a rewarding and demanding experience. I will miss everyone and I wish all of you and AzMN the best.*

Sincerely, Lyman Smith

