



AzMN News

Arizona Myeloma Network
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The Newsletter for People Interested in Multiple Myeloma

Dear Friends,

It has been a busy month as we speed towards our March 31st 'Living with Myeloma Conference' in Tucson, Arizona. Thanks to our Volunteers and Planning Committee, we are prepared and looking forward to seeing everyone.

We have confirmed our entire faculty for the day and are including our Conference Agenda in this month's AzMN Newsletter and have also posted it on our website. Be sure and register soon so we can plan our space requirements and refreshments needs.

We are very pleased with all the support we are receiving from other cancer groups in Arizona, and this is reflected in our broad spectrum of speakers and volunteers that you see on our Conference Agenda. We have also developed new relationships with other groups serving cancer: the Inter Tribal Council of Arizona, The Phoenix Indian Medical Center, as well as colleagues from the Arizona Department of Health Services' Comprehensive Cancer Control Program's Disparity and Research Committees.

We are constantly reminded of the importance of collaborating, sharing, and supporting in the battle against cancer. We are, after all, all on the 'same team.'

Fondly, Barbara

CCCP Research Committee Collaboration



Barbara Kavanagh, is seen in the above recent photo with Dr. John Carpten, Translational Genomics Research Institute (TGen) Senior Investigator and Director of the Integrated Cancer Genomics Division and Project Leader for the Multiple Myeloma Genomic Initiative at TGen, and the Chairman of the Comprehensive Cancer Control Program's Research Committee, and Kendra Sabol, Director of the Comprehensive Cancer Control Program, at a recent meeting of the committee.

Barbara heads up a new sub-committee on the 'tissue issue' and patient advocacy; her co-chairs are Kay Kays, a pancreatic cancer survivor and Arizona Cancer Center GI SPORE research advocate, member of the Arizona Translational Resource Network, and The Wellness Community of Central Arizona board member and Jackie Palmerneg, The Leukemia & Lymphoma Society Desert Mountain States Chapter's Donor Development Director.

Dr. Carpten is also participating in our 'Living with Myeloma Conference' program and will address some of the issues related to tissue banking in Arizona and the role of the patient in this process. Committee members have indicated they are very pleased that AzMN is taking a leadership role with the cancer research community in Arizona and working with other dedicated professionals and volunteers to increase awareness and accessibility of cancer research to all cancer patients.

STILL TIME TO REGISTER FOR THE 'LIVING WITH MYELOMA CONFERENCE' March 31, 2007, InnSuites, Tucson, AZ Room Reservations 520-622-3000 - \$69 AzMN Room Rate Conference Agenda

TIME	NAME	TOPIC
8:00 - 9:00a.m.	All	Registration and Continental Breakfast
9:00 - 9:10a.m.	Barbara Kavanagh	Welcome, AzMN/Conference Goals, Introduce Morning Speakers
9:10 - 9:20a.m.	Kendra Sabol	Message from the Governor: Arizona's Comprehensive Cancer Plan
9:20 - 9:50a.m.	Dr. Rafael Fonseca	Keynote Speaker/Current Status of Myeloma Research and Treatment Options, 2007: Major Advances in Myeloma Treatment
9:50 - 10:20a.m.	Dr. P. Leif Berensaeel	Current Practices of Myeloma Treatment
10:20 - 10:35a.m.		Break
10:35 - 11:05a.m.	Dr. Michael P. Carroll	Bone Marrow Treatment: Latest Developments
11:05 - 11:35a.m.	Dr. John Carpten	Research and Patient Advocacy
11:35 - 12:00p.m.	Panel	'Living with Myeloma': Medical Aspects Panel Members: Dr. Carpten, Dr. Berensaeel, and Dr. Carroll Panel Moderator: Dr. Rafael Fonseca
12:00 - 12:30p.m.		Lunch
12:30p.m.	Patricia Hamon	Open afternoon session with Stacy Watts Introduction
12:30 - 1:00p.m.	Stacy Watts	Multiple Myeloma Survivor Advocacy
1:00 - 1:15p.m.	Patricia Hamon	Integrative Approaches to Cancer Treatment/Introduction and Overview
1:15 - 1:45p.m.	Dr. Mark D. Gilbert	'Myeloma, A Wake Up Choice for Life'
1:45 - 2:15p.m.	Dr. Paul Abramson	Pers. Healing/Complementary Therapies/Conventional Medicine
2:15 - 3:00p.m.	Panel	'Living with Myeloma' - Question and Answer Session Panel Members: Drs. Abramson and Gilbert, Stacy Watts Panel Moderator: Patricia Hamon
3:00 - 3:15p.m.		Break
3:15 - 4:00p.m.	Workshop 1	Enhance Your Support System - Sue Meyn, Emily Nardi, Lannie Ann Theis Moderator: Jeannette Dalrymple
3:15 - 4:00p.m.	Workshop 2	'Ask the Doctors' - Myeloma 101 - Drs. TBA Moderator: Kendra Sabol
3:15 - 4:00p.m.	Workshop 3	'Ask the Doctors' - Myeloma 102 - Drs. TBA Moderator: Barbara Kavanagh
3:15 - 4:00p.m.	Workshop 4	Insurance and Advocacy Issues - Lydia Baker, Stacy Watts Moderator: Ardie Delfone
4:00 - 4:30p.m.	Barbara Kavanagh and Kendra Sabol	Close Conference (General Q&A, Summary, Conf. Evaluations, Raffle, Etc)

SAVE THE DATE SIGN UP EARLY

We already have our first foursome, Tony Goffredo, a myeloma patient from San Diego, who played in our 2005 and 2006 golf tournaments, and members of his family have signed-up. Tony's wife, Meg is also a great supporter of AzMN and has volunteered at all of our golf events.

There are lots of ways you too can help, even if you are not a golfer: be a sponsor, attend our dinner, donate raffle and auction prizes, or invite friends and businesses you know to play golf or be a sponsor. More details on sponsorships will be available in April!

3rd Annual Arizona Myeloma Network Charity Golf Tournament

Friday, September 21, 2007

Benefiting Arizona cancer patients

Tournament Chairman and Celebrity Host, TBA

Location:

Orange Tree Golf Resort
10601 N. 56th Street, Scottsdale, AZ 85254
12:00 noon Registration
1:00 p.m. Scramble Shotgun Start

Contact:

Sherry Wong – 602.402.4725
shwong@windermere.com
Barbara Kavanagh – 623.388.6837
azmyelomanetwork@cox.net

Prizes: 1st – 3rd Teams, Longest Drive, Hole-in-One, Closest-to-the-Pin
Foursome: \$575, Single: \$150, Dinner Only: \$45
Reserve Early (by August 1st) Prices:
Foursome: \$535, Dinner Only: \$40
All above with Box-Lunch & Dinner (5:30 p.m.) - Reservations Required
Awards, Raffles, Auctions, & Entertainment



Proceeds will fund continuing AzMN Outreach Events and Educational Programs for Multiple Myeloma patients, their families and caregivers.

Multiple Myeloma is a complex and often misdiagnosed bone marrow plasma cell cancer that attacks and destroys the bone.

Sign up on our website at www.azmyelomanetwork.org

Evet Berry, an AzMN Volunteer and Community Partner for Cancer Patients

Evet, a registered nurse, is the new owner of a wig/mastectomy supply shop in Peoria. She offers personalized service and affordable, quality products for cancer patients. When a friend is diagnosed with cancer, people rally around with check-up calls, cards, baby-sitting, and shoulders to cry on. *Partners New Image Studio* has the answer. Send a 'Hats of Love' Success Package! Friendship and support are wonderful gifts, but turbans, hats, caps, and scarves are practical as well as thoughtful.

A major side effect of chemotherapy is hair loss, and this can be a devastating condition for most people.

This little gift from Evet Berry's Mastectomy/Wig Shop can do so much to provide emotional well-being during a difficult time. And, it has been documented that a patient's strong emotional well-being is directly tied to their success. Hats are far more than fun and cosmetic; they maintain body heat and help improve a patient's outlook on undergoing a regular treatment schedule.



That's why we call these little gifts Success Packages.

Partners New Image Studio
8700 N.W. Grand Ave., Peoria, Arizona
(623) 334-0563
www.careforchemo.com

Joe Garagiola, NSTEP Spokesperson

Attending the Scottsdale Community Breakfast for Joe Garagiola (of noted Major League Baseball fame) Thursday morning, March 15th, 2007 was such a treat, especially for a dedicated baseball fan like Jack Kavanagh. Joe is National Chairman of Oral Health America's National Spit Tobacco Education Program (NSTEP). Joe makes numerous public appearances in an effort to educate Americans about the dangers of smokeless - or spit - tobacco. Spit tobacco (a.k.a. smokeless tobacco, dip, snuff, chew, and chewing tobacco) contains ingredients that can cause serious health problems. Users can suffer from periodontal (gum) disease, cavities (tooth decay), leukoplakia (white patches and oral lesions which can lead to oral cancer), and are at greater risk for oral, throat, stomach and pancreatic cancer. Joe is also a participating member of the Arizona Comprehensive Cancer Control Program's (AzCCCP's) Prevention committee initiative and is recognized for his charity work with the Pima Indian tribe of St. Peter's Mission.

Joe shared his experiences of working on behalf of the Pima Indians through his Church. He has helped to build a school and library, and they now have 281 students. But, what was really great were the dozens of stories he told about baseball greats and childhood neighborhood friend, Yogi Berra, along with many others. His new book "JUST PLAY BALL!" will be out in April, full of these wonderful stories and Joe's experiences of both playing and broadcasting baseball. One of his examples of getting help for St. Peter's Mission is his technique of using his speeches to barter for goods and services help such as flooring, painting, carpeting, roofing etc. for the school. In fact, he is so good at this that the Pima Indian tribe has named him the "awesome fox." Joe is an inspiration to all volunteers, and his 'bartering' technique is a great idea for all of us!

