

AzMN Wishes All of our Friends a Happy and Healthy New Year!

AzMN News

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The Newsletter for People Interested in Multiple Myeloma

President's Message.....We are nearing the end of 2010 and it is a good time to 'reflect' on our accomplishments and plan for an even more successful 2011. Our first and most important goal is to 'broaden' our outreach to myeloma patients and families. We are proud that we 'doubled' our attendance at all of our programs, including our Living with Myeloma conference last March, our Ft. Defiance Cancer Conference at the Navajo Nation, and our 2nd Race for Hope for all Cancers in April. Our Navajo breast cancer program, 'Women Helping Women', sponsored by the Susan G. Komen Phoenix chapter, is now providing cancer education programs and presentations to many women's groups and families on the Reservation.

Our recent golf tournament also was a great success, thanks to the United Association of Plumbers and Pipefitters', our many local sponsors, and our wonderful volunteers, who also have 'grown' in numbers.

Why are more people participating in these 'tough times'? We don't think it is because there are 'more' cancer patients, but instead, that 'more' people are struggling with not only cancer, but also job loss, insurance issues, medication problems, and 'where' to turn for help. During the past two 'Holiday Months', we have received dozens of calls and emails from people who have 'read' about us or 'heard' about our free education and advocacy programs. Not all of them have myeloma, some have a family member from another State, or they are struggling with another form of cancer. We cannot ignore their cry for help and so try to refer them to the 'right' resources.

We will need to add to our small, part time staff and 'volunteer' team if we are going to be able to continue to 'grow' our outreach. We hope that you will call or go to our website and let us know if you can 'help' or if you need help.

"Alone we can do so little; together, we can do so much!" Helen Keller.
....Barbara Kavanagh

Click here to donate: www.azmyelomanetwork.org/donation.html

You are cordially invited to join us for the
5th Annual
Living with Myeloma Conference

The conference will be held Saturday, March 26th, 2011, at the Marriott at McDowell Mountain from 8:00 a.m. to 4:30 p.m.

We are very pleased that Dr. Robert Kyle of the Mayo Clinic in Rochester, MN, will be again heading up our outstanding faculty. There will also be members from outstanding myeloma research and treatment facilities in Arizona such as Mayo Clinic, TGen, Scottsdale Healthcare, Banner Health, as well as other outstanding speakers from Arizona and around the country.

The Conference is regional and is free and open to all patients and families, friends, caregivers, cancer researchers, and community physicians and healthcare professionals. 4.5 CME credits will be provided. A continental breakfast and a hot lunch will be provided.

Free registration is available now at
www.azmyelomanetwork.org/2010confreg.html.

Black Bear Diner Partners with the Arizona Myeloma Network to Fight Cancer!

Come to the Black Bear Diner on W. Bell Rd. and 62nd Ave. on Tuesday, December 28th and have great food at reasonable prices. 10% of 'all meals, all day' will be donated to the Arizona Myeloma Network, AzMN, a 501(c)(3) cancer charity.

Sponsor Kurt Riske, VP Community Relations' and Training for SunWest Restaurant Concepts, Inc., owners of the Black Bear Diners' and Smashburger, has been a friend for our grassroots cancer organization for the last five years. Kurt is also a member of the AzMN Executive Board.



Kevin McCabe, the Fan 1060AM, Sports Radio, interviewed Kurt, Barbara and Jack at the Black Bear Diner on December 21st.

UA/AzMN GOLF TOURNAMENT THANKS!

The 6th Annual UA/AzMN golf tournament on October 23rd was a great success! We owe it all to our generous sponsors, golfers, volunteers and friends, who donated time, money, gifts, and their enthusiastic support of our 'free' cancer programs in Arizona.

We made many new friends and owe special 'thanks' to our 'celebrity guests':

Comedian, Bob Kubota; Radio personality and event host, Jim Sharpe; Golf Professional, Butch Baird; Auctioneer Expert, Perry Hester; and Kwami Lassiter, Football Hero and radio host.

We have acknowledged all of our sponsors on our website, and also have videos to commemorate this great tournament and also a photoshow for you to view and download any pictures you would like to have. These can be seen at

www.azmyelomanetwork.org/what/golf_tournamentpix-video.html.

We especially want to again thank our Title Sponsor, Bill Hite, and Platinum and Gold sponsors: The United Association of Plumbers and Pipefitters, the United Association International Training Fund, United Association, Local 469, and Black Bear Diners' of Arizona.



Bill Hite & The Kavanaghs with team

Pat Hite awarded special award

- **The Patient Advocate Foundation is set up to help myeloma and other cancer patients find resources such as Medical Debt Crisis, Insurance Access Issues, and Job Retention Issues. They can be reached by calling 1-800-532-5274 or online at www.patientadvocate.org.**
- **Patient/Caregivers Column starts in February 2011**

Arizona Myeloma Network 2010 Activities & Events



Bill Hite, UA General Pres, Dr. Robert Kyle, & Jack Kavanagh
Living with Myeloma Conference



Living with Myeloma Conference



Ft. Defiance Cancer Awareness Conference



Diné Breast Cancer Survivors –
"Women Helping Wominn" –
funded by Susan G. Komen
grant.



Ft. Defiance Cancer Awareness Conference
Navajo Reservation



AzMN Cancer Caregivers'
Education Program



2nd Annual Race for
Hope for All Cancers

UPCOMING AzMN EVENTS

Saturday, Feb 12th, 9:30-11:45: A 'free' Myeloma Caregiver's Breakfast Forum, sponsored by AzMN and Millennium Takeda Pharmaceutical, Special guests, Dr. Clarence Adoo and the Bond's. Embassy Suites, Camelback Rd. Caregivers', friends, and family. Caregiver Professionals and others concerned about the myeloma patient are welcome. Details will be posted January 15th.

Tuesday, February 22nd, The Women's Cancer Conference, sponsored by Banner.M.D. Anderson and the Arizona Cancer Control, Dept. of Health Services. Barbara Kavanagh will present the AzMN/Komen Navajo Breast Cancer Program, Women Helping Women. More information on our website, http://azmyelomanetwork.org/what/def_training_program.html.

Sunday, May 1st, 3rd Annual Race for Hope for All Cancers, Westgate City Center, Glendale.

More details online after February 1st.
Saturday, June 25th, 2011, 4th Annual AzMN/John Wayne Ft. Defiance Cancer Awareness and Advocacy Conference, Navajo Nation Museum, Window Rock, A.Z. Details and Registration, March 1st, 2011

7th Annual AzMN Charity Golf Tournament – Fall, 2011

6th Annual UA/AzMN Golf
Tournament

