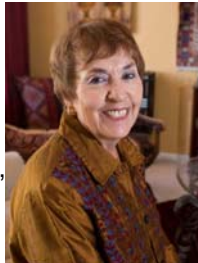


John Wayne Rides to the Rescue Again!

John Wayne Cancer Foundation is Gold Sponsor for Ft. Defiance Cancer Awareness and Advocacy Conference Oct. 11. See back page for full story.

What's New?

The Phoenix Business Journal presented their Health Care Heroes awards on August 21. Barbara Kavanagh received the award for her ongoing efforts free educational programs, such as the annual 'Living with Myeloma' conferences, the 2007 Tissue Donor Awareness Pro-grams™ and the new, Cancer Awareness and Advocacy Programs™ for the underserved. The first being presented at Ft. Defiance, the Navajo Nation, on Saturday, October 11th.



From the President ... Barbara Kavanagh

It has been a busy summer with our preparations beginning for our 4th Annual Golf Tournament on Friday, November 7th at Orange Tree Resort. Our hardworking team of volunteers are sending letters, calling friends, colleagues, and neighbors, to invite golfers, raffle gifts and donations, to support our major fundraiser each year.

We need your help more than ever so that we can continue our free programs and outreach to myeloma patients and families and others in need of cancer treatment. Please come and golf, donate raffle gifts, or make a donation!

We are very pleased to have the Leukemia Lymphoma Society (LLS) Desert Mountain States, as one of our sponsors and partners in the Ft. Defiance project. They will be helping us to provide valuable information and resources for diagnosis and treatment of the blood cancers, including multiple myeloma, for the Ft. Defiance Community.

Black Bear Diner Sponsors 4th Annual AZMN Charity Golf Tournament

Starting October 1, Black Bear Diner's four locations in the metropolitan Phoenix area will be sponsoring a **Black Bear Diner Cares** raffle. They will be selling tickets for \$1 each and there will be a drawing for the winners at the 4th Annual AzMN Charity Golf Tournament on November 7th. Check the [Black Bear web site](#) for the location closest to you.

Tuesday, October 14 from 11 a.m. until 10 p.m., will be Spaghetti Dinner Day with 75% of the proceeds going to AzMN at all of their area locations. It is a wonderful opportunity to thank Black Bear Diners for their support and enjoy a delicious spaghetti dinner for only \$9.99. Bring your family and friends and support AzMN and Black Bear Diner.

Thanks to Tournament Sponsor Black Bear Diners!



4th Annual



Arizona Myeloma Network Charity Golf Tournament

Friday, November 7, 2008

Benefiting Arizona cancer patients



Jack Kavanagh with Ray Romano, Honorary Chairman

Multiple myeloma is a complex and often misdiagnosed bone marrow plasma cell cancer that attacks and destroys the bone.

Tournament Celebrity Host - Bruce Jacobs
 KFYZ 550 AM Talk Show Host



Location:
 Orange Tree Golf Resort
 10601 N. 56th Street
 Scottsdale, AZ 85254
 12:00 noon Registration
 1:00 p.m. Shotgun Start

Contact:
 Ron Baker - 623.266.2045
 Or Barbara Kavanagh - 623.388.6837
 azmyelomanetwork@cox.net
 Arizona Myeloma Network is a nonprofit 501 (c)(3) organization.

Register your foursome at www.azmyelomanetwork.org or call **Ron Baker - 623-266-2045.**

The golf package includes, a **Box Lunch, Scramble Shotgun Start, and Barbecue Buffet supper with prizes, entertainment, silent auction, live auction, and raffles.**



Charity Corner Day at the Diamondbacks Game

AzMN greeted several hundred guests for an exciting Dbacks baseball game on Labor Day, September 1. Among those who were in attendance were patients, families, friends and healthcare providers from Ft. Defiance/the Navajo Nation. Many of them were treated to lunch and a pregame rally at Steele Indian School Park by AzMN; Fred Hubbard, Advisory Council on Indian Health Care; John Lewis, Donald Warne, and Kenton Laffoon of the Intertribal Council of Arizona who discussed the Ft Defiance/Navajo Nation Cancer Awareness and Advocacy Conference on October 11 at the Navajo Nation Museum in Window Rock.

Barbara Kavanagh Invited to speak on behalf of Research and the Underserved, Feb. 3-6, 2009

Drs. Cheryl L. Willman, John D. Carpten, and Maria Elena Martinez, Chairpersons of the 2nd American Association of Cancer Researchers Conference (AACR) on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved, have invited Barbara Kavanagh, to serve as Chairperson of the Educational Workshop at AACR. This conference is co-sponsored by the National Cancer Institute in conjunction with the Minorities in Cancer Research of the AACR and will take place **February 3-6, 2009**, at the Carefree Resort and Villas in Carefree, Arizona. AACR is funded by the Standup for Cancer organization recently seen on all 3 TV networks.

SAVE THE DATE!

March 28, 2009 will be the 3rd Annual Living with Myeloma Conference Scottsdale Conference Center

Arizona Myeloma Network (AzMN)

Presents the

1st Annual AzMN/Ft. Defiance Cancer Awareness and Advocacy Conference

Sponsored by the
John Wayne Cancer Foundation



Saturday, October 11th, 2008

Attention: Cancer patients and families, health care providers, cancer advocates, outreach workers, medical and nursing students, educators, researchers, Tribal officials, and others concerned about cancer at Ft. Defiance and the Navajo Nation.

WHERE: The Navajo Nation Museum
Hwy 264 and Postal Loop Road
Window Rock, Arizona

TIME: 8:30 a.m., Registration
9:00 a.m. – 4:00 p.m.
4:00 p.m. – Closing Ceremony
Box Lunch will be provided

CONTACT: **Mechelle Morgan-Flowers**, Utilization
Review/Discharge Planner, 928-729-8024
(Ft. Defiance Hospital)
Email: Mechelle.Morgan-Flowers@ths.gov
Barbara Kavanagh, MSW, Founder & President,
AzMN, 623-388-6837,
Email: azmyelomanetwork@cox.net



Look for upcoming information and register online at AzMN's website:

www.azmyelomanetwork.org

The conference is free and open to all. CEU/CME's will be available.
There will be a raffle for all attendees and a special door prize drawing.

The AzMN/Ft. Defiance Cancer Awareness and Advocacy Program, CAAP™ is a collaboration of many groups and individuals, including Ft. Defiance hospital staff and services as well as other leading cancer specialists, scientists, agencies, and hospitals. We will work together as a 'community' to improve and expand cancer services and resources, and to improve access for earlier diagnosis and new treatments.

AzMN is a nonprofit charity (501)(c)(3) organization that conducts outreach Events and Educational programs for Arizona Myeloma cancer patients, their families and caregivers, with special consideration for the under served: African American, Asian/Pacific, Hispanic American and Native American.



Tentative Agenda

Registration: Posting of Colors, Drummers, Veterans and Code Talkers, Navajo Prayer, Send off of the 'Bikers'

Introduction and Overview:

President Shirley, Navajo Nation, Welcome

Ft. Defiance Executive Committee:

Barbara Kavanagh, MSW, Founder/Pres. AzMN

Mechelle Morgan-Flowers, RN, Ft. Defiance Indian Hospital

Fred Hubbard, Exec. Dir. ACOIHC

Bodour Salhia, PhD, TGEN

Myths and Fears about Cancer

Facts about Cancer and New Treatments

Panel and discussion from the audience.

Lunch break: information displays, and arts and crafts

Living with Cancer: Overcoming Barriers to treatment; emotional and Psychological effects of Cancer, Nutrition and Exercise, Managing Side Effects and Symptoms, Dealing with Cancer in the family; and Developing New Cancer Programs for the community.

Workshops and panel discussion.

Closing ceremonies and Plans for the Future

Register online at:

www.azmyelomanetwork.org/ftdefianceregistration.html

Or call 623-388-6837 or 928-729-8024.

Special rates at Quality Inn (928-871-4108),

Window Rock, for out-of-town conference attendees.

One Patient's Story ... by Ed Seder

Ed Seder's story was best told when he was interviewed by a [Prescott Valley Tribune](#) reporter in the August 14th issue. Ed had heard about AzMN because of the newspaper article that was printed this July and called to let Barbara Kavanagh know that he had myeloma. His story quickly unfolded to be a source of hope for other myeloma patients.

Medical Debt

Brenda Gregory of the Phoenix Multiple Myeloma Support Group, which meets on the first Thursday of each month at The Wellness Community, found this article on medical debt sent to her by one of the members to be helpful. There are links to organizations where you can apply for health care money and some information on health care coverage options. Just click on the link below. www.cnn.com/2008/HEALTH/08/ep.medical.debt/index.html. Brenda may be reached by email at