



AZMN News

Arizona Myeloma Network
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The Newsletter for People Interested in Multiple Myeloma

The President's Message . . .

We are having our busiest Fall season ever! After our July 17-18th Annual Ft. Defiance Cancer conference, we haven't stopped to 'catch our breath'. September 16th was our annual fundraiser Spaghetti Supper at all of the Black Bear Diners, followed by the Dbacks Charity Corner on September 20th at Chase Field. Though our favorite team lost the game, we 'won' a lot of hearts as people came by to talk to us and learn about myeloma.

On September 26th, we held our Tissue Donor Awareness Program (TDAP™) at Glendale Community College. We had an appreciative audience and an outstanding panel of cancer researchers and oncologists.

That evening, I was honored at the Hon Kachina awards ceremony at the Camelback Resort.

It has been an exciting few months, and it isn't 'over till it's over.' You can still register for our 1st Annual Race for Hope for all Cancers on Sunday, October 18th, and play golf with us on Saturday, November 7th.

We need your support, so please walk, run, or golf with us. Donate a raffle gift, send a check, or donate online so that we can continue to provide our free cancer education programs and events.

...Barbara Kavanagh



Jack Kavanagh with Laura Bottini (granddaughter of John Wayne) and her children Romano, Isabella, and Joey will represent the John Wayne Cancer Foundation at the Race for Hope on Sunday, October 18th.



Roxanne Frilot, McFaddens, Jack and Barbara Kavanagh prepare for Race for Hope.

Barbara Kavanagh Receives Hon Kachina Award



After completing a successful Tissue Donor Awareness Program in Glendale September 26th, Barbara was one of nine honorees for the Hon Kachina Award given by the Hon Kachina Council (a group of more than 40 volunteer business and professional men and women working in the metropolitan Phoenix area who are affiliated with St. Luke's Health Initiatives). for the outstanding volunteers in the state of Arizona for 2009. It is the highest honor a volunteer can receive.

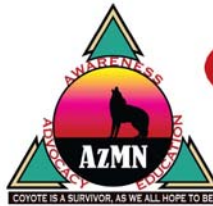
Barbara is pictured above with Katie Raml of ABC-15 and below with friends and supporters of AzMN who attended the dinner.



Race for Hope for all Cancers

5K Run/Walk - 1 Mile Fun Run/Walk

Presented by:



Race packet pick-up

Thursday, Oct. 15, 2009 from 5 - 7 p.m.

At McFadden's at Westgate

join us for a buffet after picking up your packet

Race packets can also be picked-up starting at 7 a.m. on Sunday, Oct. 18

Raffle to benefit the Arizona Myeloma Network

Grand Prize - A pair of Arizona Cardinal tickets for Sunday, Nov. 1

Race day registration from 7 to 8 a.m.

Register online at www.arizonarunningeventsco.com
For more information go to www.azmyelomanetwork.org

McFadden's Restaurant & Saloon
Westgate City Center, 9425 W. Coyotes Blvd., Glendale, AZ 85305
Phone: 623-872-0022

There is still time, sign up today!



The Arizona Myeloma Network is a 501(c)3 charity and provides free cancer awareness, education and advocacy programs for myeloma patients and their families and reaches out to the underserved.

Multiple myeloma is a complex, often misdiagnosed bone marrow cancer that affects more than 1600 new people in the United States every month. There is no cure but current research is greatly extending the lives of patients.

Miles Anthony, sports photographer (www.zerofortyone.com), will be the official photographer of the Race for Hope. Pictures will be available on his website after the race. Proceeds will go to Arizona Myeloma Network.

5th Annual
 Arizona Myeloma Network
 Charity Golf Tournament
 Saturday, November 7
 McCormick Ranch Golf Course



Bill Hite of UA and Jack Kavanagh, above.

Jack with Ray Romano, Honorary Chairman, Left

Sponsored by:

United Association of Plumbers and Pipefitters

7:00 a.m. - Registration

8:00 a.m. - Shotgun Scramble

12:30 p.m. - Barbecue Luncheon, Silent Auction, Live Auction, Raffle, Prizes

A myeloma update will be given by Dr. Leif Bergsagel, Mayo Clinic, Mayo Collaborative

Music will be provided by Mike Howard, Myeloma Patient and well known jazz musician

Register for golf at

www.azmyelomanetwork.org/golf_onlineregform.html

or call Barbara Kavanagh at 623-388-6783 or

Ron Baker, Golf Event Manager, at 623-266-2045

Glendale Tissue Donor Awareness Program (TDAP™) September 26, 2009



Thanks to a community grant from John C. Lincoln Health Network, AzMN put on a successful Tissue Donor Awareness Program at Glendale Community College. Special thanks goes to the Delta Dental Foundation of

Arizona, Leukemia and Lymphoma Society, the GCC Biotech Club, and the Arizona Department of Health Services Comprehensive Cancer Control Program, Komen For the Cure! and TGen for supporting the program. The outstanding panel of experts gave their time to further educate the audience of about 50 people. More pictures are available on the website at www.azmyelomanetwork.org.

AzMN Calendar of Upcoming Events for 2009

Sunday, October 18 – AzMN Race for Hope for all cancer patients, families, and friends. A 5K Walk/Run at Westgate Shopping Center –To register, go to www.arizonarunningeventsco.com.

Saturday morning, November 7 – 5th Annual Arizona Myeloma Network Charity Golf Tournament at McCormick Ranch Golf Club at 7:00 a.m. – More information at: www.azmyelomanetwork.org/2009GolfFlyer.html.

Save the date: March 27, 2010 – 4th Annual Living with Myeloma Conference, Scottsdale Resort and Conference Center, Scottsdale, AZ. More information will be available at www.azmyelomanetwork.org soon.

Save the date: June 5, 2010 – 3rd Annual AzMN/Ft. Defiance Cancer Awareness and Advocacy Conference, Navajo Nation Museum. More information will be on the website soon.

Black Bear Diners Sponsor a “Bears Care” Raffle at all Arizona locations to benefit AzMN!



Jack Kavanagh, AzMN, and Mike Johnson, Cops against Myeloma (CAM), team up with Black Bear Diners to support the Race for Hope and the Golf Tournament.



Raffle tickets are available for \$1 at any Arizona Black Bear Diner. The winner will receive a 4’ Brutus Bear or Dinner for 8 at one of the diners. Raffle tickets are posted at the diners. The winner will be notified after the drawing on November 7 at the Golf Tournament. Black Bear Diner locations are on their website at www.blackbeardiner.com.

Smashburger Opens First Store in Tempe



Kurt Riske, General Manager of the new Smashburger franchise, with his mother, Carolyn Riske, and a loyal customer at the VIP opening in Tempe at 777 S. College Ave., just north of University Drive across the street from ASU. This is the first of three restaurants planned for the Phoenix metropolitan area.

SMASHBURGER and BLACK BEAR DINERS are among the sponsors for the Race for Hope October 18th.

AzMN and Ft. Defiance Team up for Komen Race



AzMN's Diné Breast Cancer Education and Prevention Training Program team up with Bertha Harrison, Navajo Nation Breast and Cervical Cancer Program, and the Navajo Health Education Program to Run for Komen. The 10K Komen Race on Saturday, October 10th, was a first on the Navajo Nation and was organized by Davina Segay. Mechelle Morgan-Flowers, RN, Ft. Defiance Hospital, and Becky Howard, AzMN Diné Project Coordinator, participated with the 60 people who ran.