

# Multiple Myeloma

**8<sup>th</sup> Annual Living with Myeloma Conference**  
**New Developments in Multiple Myeloma Treatment**  
**Scottsdale, AZ**  
**March 22, 2014**  
**Robert A. Kyle, MD**



**Scottsdale, Arizona**



**Rochester, Minnesota**



**Jacksonville, Florida**



# Disclosures for Robert A. Kyle

**Johnson & Johnson**

**Disease Monitoring Committee**

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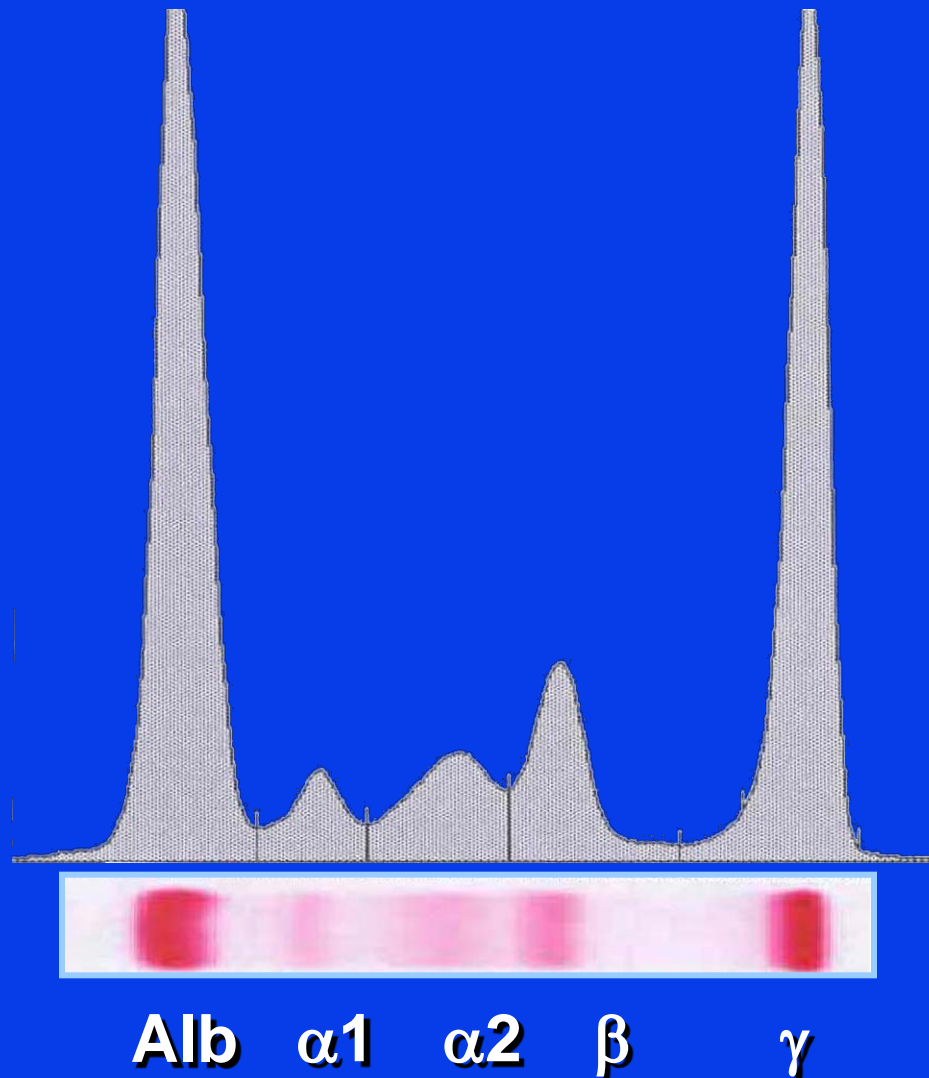
**Onyx**

**Data Monitoring Committee**

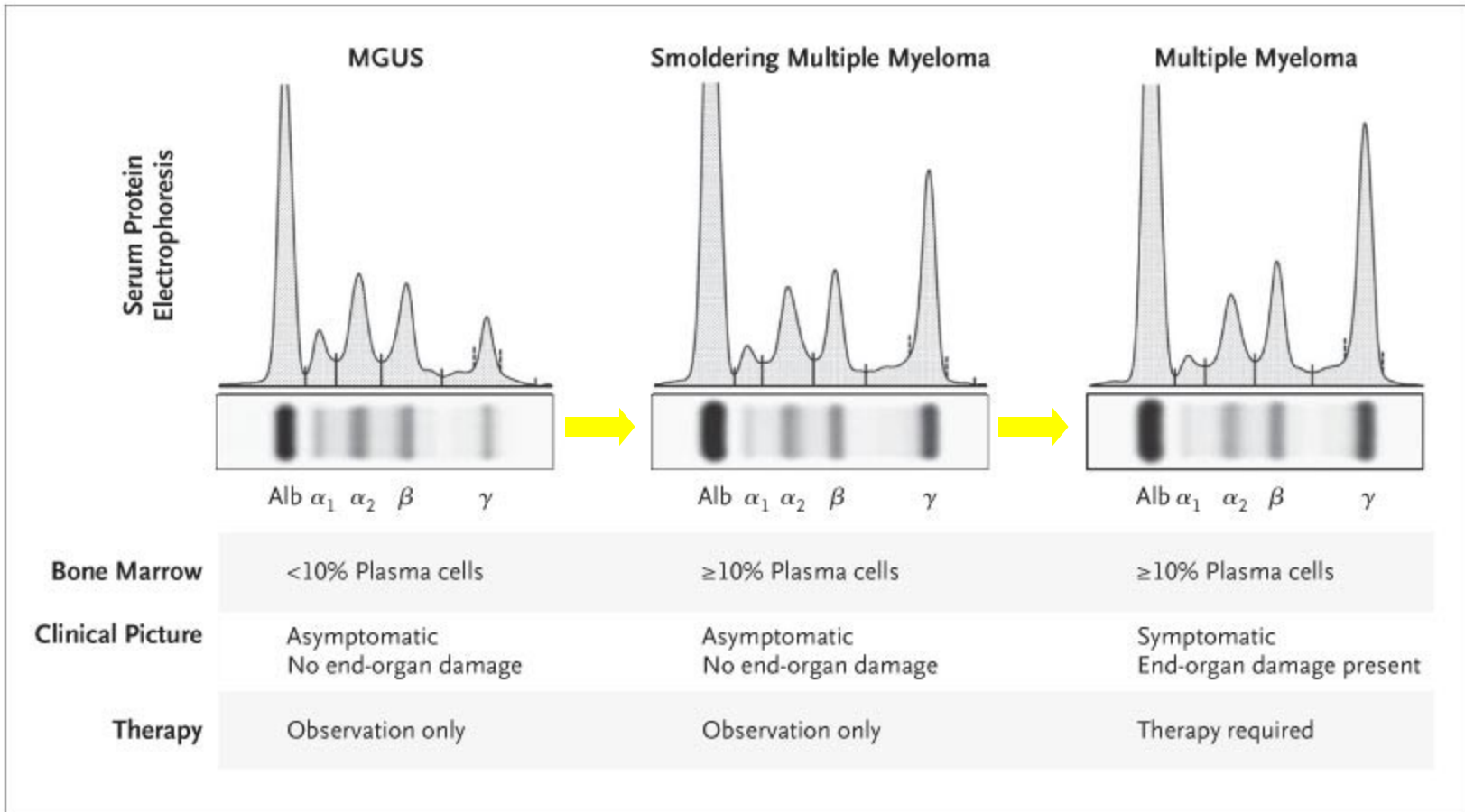
**Binding Site**

**Honoraria**

# Serum Protein Electrophoresis



# Natural History



# Multiple Myeloma Criteria for Diagnosis

- **M-protein in serum and/or urine**
- **Bone marrow clonal plasma cells or plasmacytoma**
- **End-organ damage: CRAB**  
(**h**yper**c**alcemia, **r**enal insufficiency, **a**nemia, **b**one lesions)

# Smoldering Multiple Myeloma (SMM)

**M-protein in serum  
and/or**  $\geq 3$  g/dL

**Plasma cells in marrow**  $\geq 10\%$

**Anemia** None

**Calcium** Normal

**Creatinine** Normal

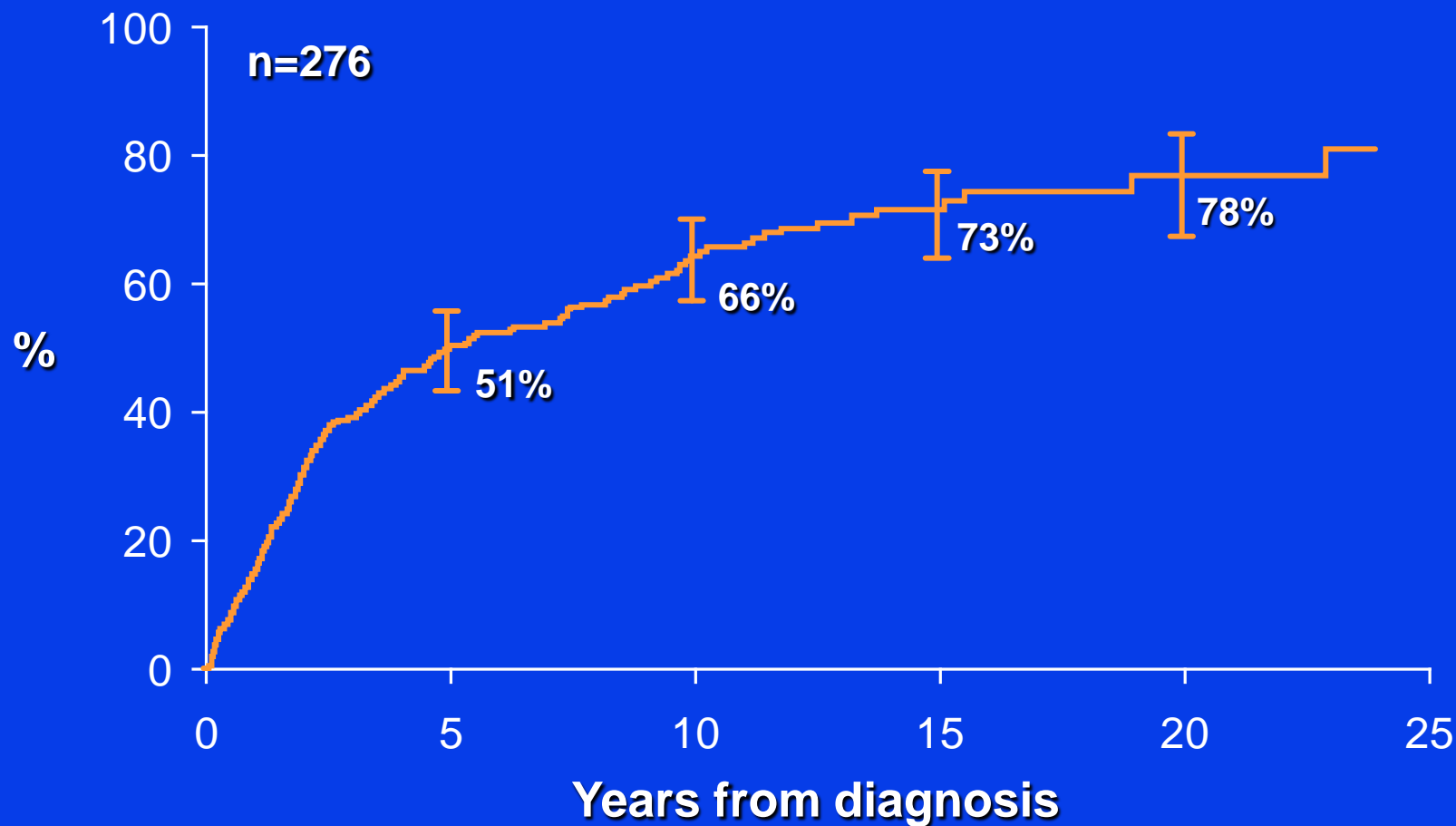
**Lytic lesions** None

**No end organ damage (CRAB)**

Kyle and Greipp NEJM 302:147, 1980

Kyle et al NEJM 356:2582, 2007

# Progression to Multiple Myeloma or Amyloid 1970-1995



Kyle et al: NEJM 356:2582, 2007



**Multiple Myeloma.** *Definition.* Multiple myeloma is a malignant tumor arising in the bone marrow which tends to occur in persons after the fifth decade. It is usually characterized by pain in the back and weakness, skeletal involvement especially of the trunk, pathological fractures, a normocytic anemia of moderate degree, and the presence of a peculiar type of protein (Bence-Jones) in the urine.

Although it has not received general acceptance, the most satisfactory tentative view is to consider multiple myeloma as a neoplastic process in which the myeloid cells are derived from the hematopoietic system. If this is true, the condition bears a close relationship to leukemia. The cells making up the tumors have been most commonly regarded as plasma cells although their identification is by no means definite. Possibly myeloma cells are a distinctive type varying from all other forms.

*Symptoms and Signs.* The condition is observed twice as commonly in males as in females. Almost all cases occur after the age of forty years. Pain of a vague, intermittent, shifting type, often referable to the spine, is commonly the earliest evidence of the disease. As the condition progresses this frequently is a severe and dominant symptom. Tumors and pathologic fractures, usually in bones containing red marrow, are common. Changes in the spine causing compression of the spinal cord with its resultant neurological manifestations is not a rare complication.

**Blood.** A moderately severe normocytic or slight macrocytic normochromic anemia is almost always present. The leukocyte count is ordinarily normal, slightly elevated or diminished, and the differential formula is usually not disturbed or may reveal only an occasional abnormal white blood cell. Rarely have many plasma cells been ob-

served in the blood stream but these, when present, have caused the condition to be regarded as a plasma cell leukemia.

A finding of great diagnostic importance is the presence of Bence-Jones protein in the urine, which appears in about two-thirds of the cases. It may occur occasionally in the urine of patients with leukemia and polycythemia. This protein precipitates at temperatures of 50° to 60° C.; further heating causes it to go into solution at about boiling, and on cooling it reappears. Its presence appears to be limited to pathologic conditions attacking the bone or bone marrow. There may be a pronounced hyperproteinemia, as indicated by plasma protein determinations, which are often found to be 10 Gm. per 100 cc. of plasma, or above; figures twice as high as this have been reported. This is due entirely to an increase in the globulin fraction. Autohemagglutination, or spontaneous clumping of the erythrocytes, occurs in some cases. This accounts for the tendency to striking rouleau formation and an accelerated sedimentation rate. Serum calcium is frequently elevated to levels of 12 to 16 mg. per cent, but the serum inorganic phosphates are usually normal.

In addition to those mentioned above, there are two diagnostic procedures which are of great importance: (1) sternal puncture, which usually reveals the presence of typical myeloma cells, and (2) roentgen ray examination which demonstrates the characteristic punched out areas, without evidence of bone regeneration, in the ribs, spine, clavicles, skull and the shoulder and pelvic girdles.

*Prognosis and Treatment.* The disease is uniformly fatal after an average duration of life of between two and three years. Occasionally the course is prolonged with remissions and exacerbations. Roentgen ray exposures should be employed in all cases, as it frequently gives worth-while symptomatic relief and may prolong life in some instances. This, with blood transfusions, is the only known therapeutic agent of recognized value. Otherwise the treatment is symptomatic.



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"Cyrus C. Sturgis"

PH965519\_1.Dig

# Treatment of Multiple Myeloma

**L-sarcolysin (L-phenylalanine  
mustard) (Melphalan) (Alkeran)**

**Blokhin et al, 1958**

**Bergsagel et al, 1962**

# Multiple Myeloma Single (M/P) vs Combination Chemotherapy (CCT)

**n=4,930 (20 trials)**

| <b>Therapy</b> | <b>Response (%)</b> |
|----------------|---------------------|
| <b>M/P</b>     | <b>53</b>           |
| <b>CCT</b>     | <b>60</b>           |

**P<0.00001**

**No difference in survival**

**No subsets with benefit**

# Autologous Stem Cell Transplant

- Plasma cell leukemia
- Melphalan 140 mg/m<sup>2</sup> IV with good response
- Collected stem cells
- Relapsed and given Melphalan 140 mg/m<sup>2</sup> IV plus stem cells
- Treated 8 myeloma patients

McElwain TJ, Powles RL. Lancet 1983 Oct 8;2(8354):822-4.

# mSMART 2.0: Classification of Active MM

## High-Risk

- FISH<sup>c</sup>
  - Del 17p
  - t(14;16)
  - t(14;20)
- GEP
  - High risk signature

## Intermediate-Risk<sup>a</sup>

- FISH
  - t(4;14)<sup>d</sup>
  - 1q gain
- Complex karyotype
- Metaphase Deletion 13 or hypodiploidy
- High PC S-phase<sup>f</sup>

## Standard-Risk<sup>a,b</sup>

- All others including:
- Trisomies
  - t(11;14)<sup>e</sup>
  - t(6;14)

<sup>a</sup> Note that a subset of patients with these factors will be classified as high-risk by GEP

<sup>b</sup> LDH >ULN and beta-2 M > 5.5 may indicate worse prognosis; <sup>c</sup>Trisomies may ameliorate

<sup>d</sup> Prognosis is worse when associated with high beta-2 M and anemia

<sup>e</sup> t(11;14) may be associated with plasma cell leukemia; <sup>f</sup> Cut-offs vary



# Multiple Myeloma

## Autologous Transplant Eligibility

- **Diagnosis of Multiple Myeloma with CRAB**
- **Age (physiologic) < 70**
- **Performance status (0-2)**
- **Bilirubin  $\leq$  2.0 mg/dL, creatinine  $\leq$  2.5 mg/dL & New York Heart Class I or II**
- **Adequate stem cells**
- **Concomitant diseases (heart, stroke, etc.)**

# mSMART – Off-Study Transplant Eligible

## Standard-Risk

## Intermediate-Risk

## High-Risk

**Trisomies  
only**

**t 11;14, t 6;14,  
Trisomies + IgH**

**t 4;14**

**Del 17p, t14;16,  
t14;20**

4 cycles of Rd<sup>a</sup>

4 cycles CyBorD

4 cycles of CyBorD

4 cycles of VRd

Collect Stem Cells<sup>b</sup>

Autologous stem cell  
transplant

Autologous stem cell  
transplant

Autologous stem cell  
transplant, especially if  
not in CR

Continue  
Rd<sup>c</sup>

2 cycles of Rd consolidation;  
then Len maintenance if not  
in VGPR but Len responsive\*

Bor based therapy for  
minimum of 1 year

Bor or CyBorD for  
minimum of 1 year

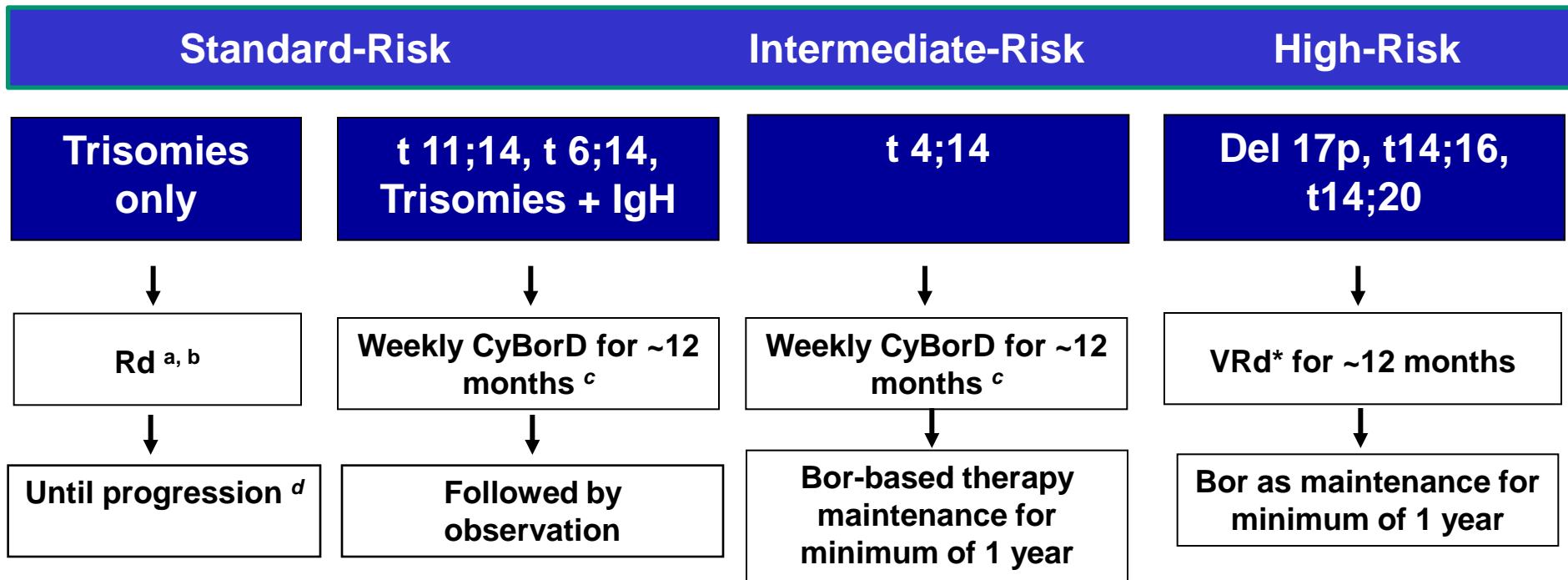
<sup>a</sup> Bortezomib containing regimens preferred in renal failure or if rapid response needed

<sup>b</sup> If age >65 or > 4 cycles of Rd Consider G-CSF plus cytoxan or plerixafor

<sup>c</sup> Continuing Rd for patients responding to Rd and with low toxicities; Dex is usually discontinued after first year

\* Consider risks and benefits; If used, consider limited duration 12-24 months

# mSMART – Off-Study *Transplant Ineligible*



<sup>a</sup> In patients treated with Rd, continuing treatment is an option for patients responding well with low toxicities; Dex is usually discontinued after first year

<sup>b</sup> Bortezomib containing regimens preferred in renal failure or if rapid response needed

<sup>c</sup> CyBorD is considered a less toxic variation of VMP; VMP can be used as alternative

<sup>d</sup> Continuing Rd for patients responding to Rd and with low toxicities; Dex is usually discontinued after first year

\*Clinical trials strongly recommended as the first option

# Multiple Myeloma Untreated

## Initial Therapy

Transplant eligible

# Survival Rate

## Survival Probability

**N**

**One-Year  
%**

**Two-Year  
%**

**Lenalidomide 25 mg d 1-21 +  
Dexamethasone 40 mg  
d 1-4, 9-12, 17-20**

**223**

**87**

**75**

**vs.**

**Lenalidomide 25 mg d 1-21 +  
Dexamethasone 40 mg  
d 1, 8, 15, 22**

**222**

**96**

**87**

**Rajkumar, et al., Lancet Oncology 11:29, 2010.**



# Multiple Myeloma

Untreated  
N = 48

Response

|  |               |           |
|--|---------------|-----------|
| <b>Bortezomib 1.3 mg/M<sup>2</sup></b> |               | <b>%</b>  |
| <b>2/wk x 2 q3 wks</b>                 | <b>CR/NCR</b> | <b>19</b> |
| <b>+</b>                               |               |           |
| <b>Dexamethasone 40 mg</b>             |               |           |
| <b>Day of and day after Bortezomib</b> | <b>PR</b>     | <b>71</b> |
| <b>if no response</b>                  |               |           |
|  | <b>Total</b>  | <b>90</b> |

**Overall survival 67% at 4 years**

Jagannath et al., Blood 108: 238a, 2006; Jagannath et al., Br. J Haem 146:619, 2009

# Multiple Myeloma Bortezomib Therapy

- Give at weekly intervals (3 of 4)
- May give subcutaneously

# Multiple Myeloma Maintenance After Transplant N=614

|  | PFS          | OS        | Second Cancer/<br>100 patient years |
|--|--------------|-----------|-------------------------------------|
|  | MOS<br>(med) | 4 yr<br>% |                                     |
| <b>Lenalidomide<br/>10-15 mg daily</b> | <b>41</b>    | <b>73</b> | <b>3.1</b>                          |
| <b>vs</b>                              |              |           |                                     |
| <b>Placebo</b>                         | <b>23</b>    | <b>75</b> | <b>1.2</b>                          |

# Multiple Myeloma Maintenance After Transplant N=460

|  | PFS          | OS        | Second Cancers<br>% |
|--|--------------|-----------|---------------------|
|  | MOS<br>(med) | 3 yr<br>% |                     |
| <b>Lenalidomide<br/>10-15 mg daily</b> | <b>39</b>    | <b>88</b> | <b>7.8</b>          |
| <b>vs</b>                              |              |           |                     |
| <b>Placebo</b>                         | <b>21</b>    | <b>80</b> | <b>2.6</b>          |

# Multiple Myeloma Transplant Ineligible Maintenance Therapy N=459

|              | <b>PFS<br/>MOS</b> | <b>OS<br/>3 yr<br/>%</b> | <b>Second Primary<br/>malignancies<br/>%</b> |
|--------------|--------------------|--------------------------|--|
| <b>MPR-R</b> | <b>31</b>          | <b>70</b>                | <b>7</b>                                     |
| <b>MPR</b>   | <b>14</b>          | <b>62</b>                | <b>7</b>                                     |
| <b>MP</b>    | <b>13</b>          | <b>66</b>                | <b>3</b>                                     |



# Multiple Myeloma Maintenance Considerations

- **Meaningful OS**
- **Risk of second cancers**
- **Unforeseen adverse effects**
- **Need for physician visits on maintenance**
- **Quality of life**
- **Resistance of residual myeloma?**
- **Cost (\$100,000 per year)**

# Multiple Myeloma Untreated

**Initial therapy**

**Transplant ineligible**

# Multiple Myeloma Relapsed/Refractory

009,010  
N = 704

|  | Response CR/PR<br>% | TTP<br>Mos<br>(Med) |
|--|---------------------|---------------------|
| Lenalidomide<br>25 mg d1-21 +<br>Dexamethasone<br>40 mg d 1-4, 9-12, 17-20 | 60.5                | 11.2                |
| vs.  |                     |                     |
| Placebo d. 1-21 +<br>Dexamethasone<br>40 mg d 1-4, 9-12, 17-20             | 22                  | 4.7                 |



# Multiple Myeloma Non-Transplant Candidates

**Melphalan + Prednisone + Velcade (Bortezomib) (MPV)**

**vs.**

**Melphalan + Prednisone (MP)**

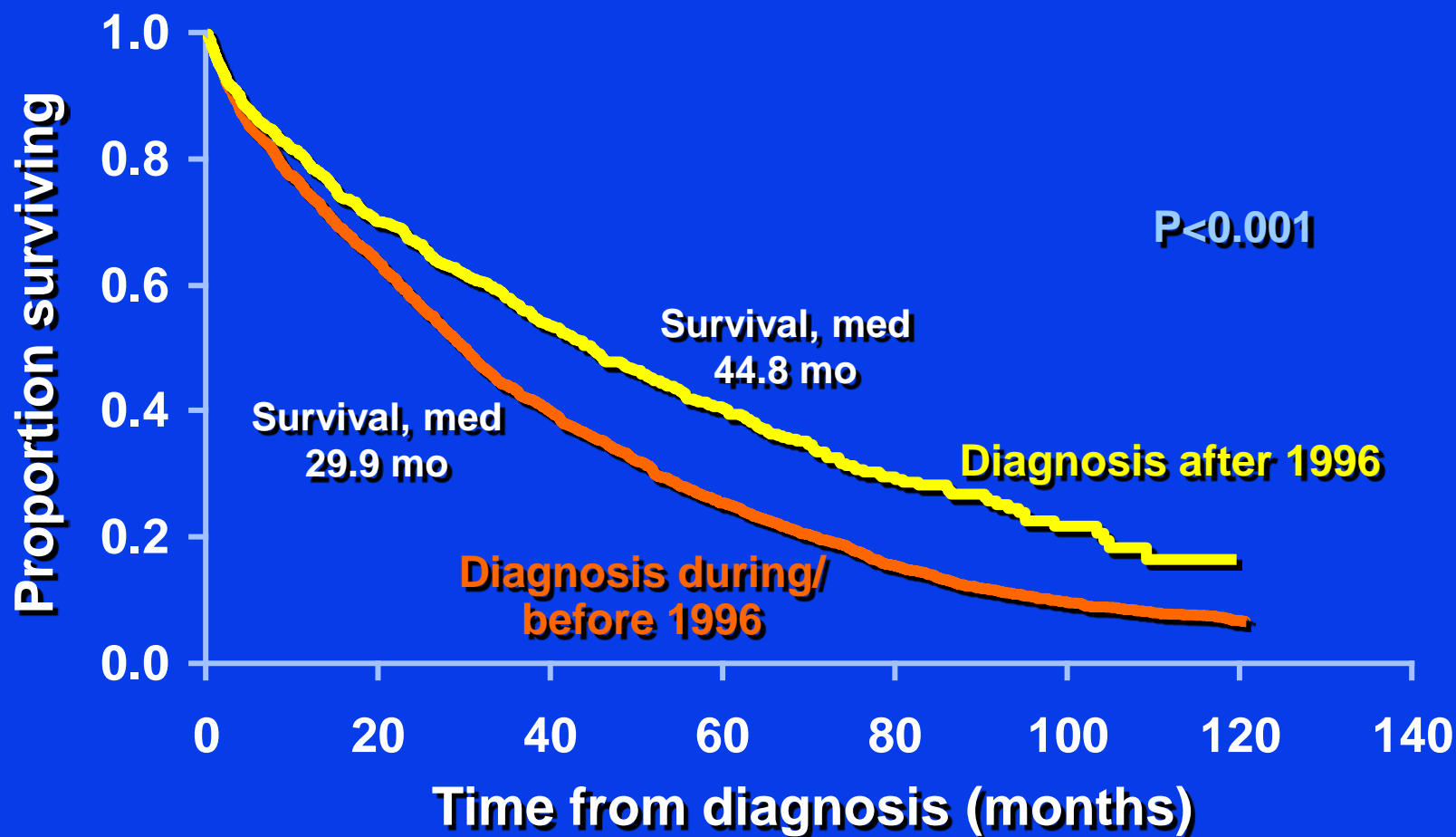
# Multiple Myeloma Response to Treatment

|  | <b>MPV<br/>N=337</b> | <b>MP<br/>N=331</b> |
|--|----------------------|---------------------|
| <b>CR (IF-)</b>                        | <b>30%</b>           | <b>4%</b>           |
| <b>PR <math>\geq</math></b>            | <b>71%</b>           | <b>35%</b>          |
| <b>Duration of Response (Med, Mos)</b> | <b>19.9</b>          | <b>13.1</b>         |



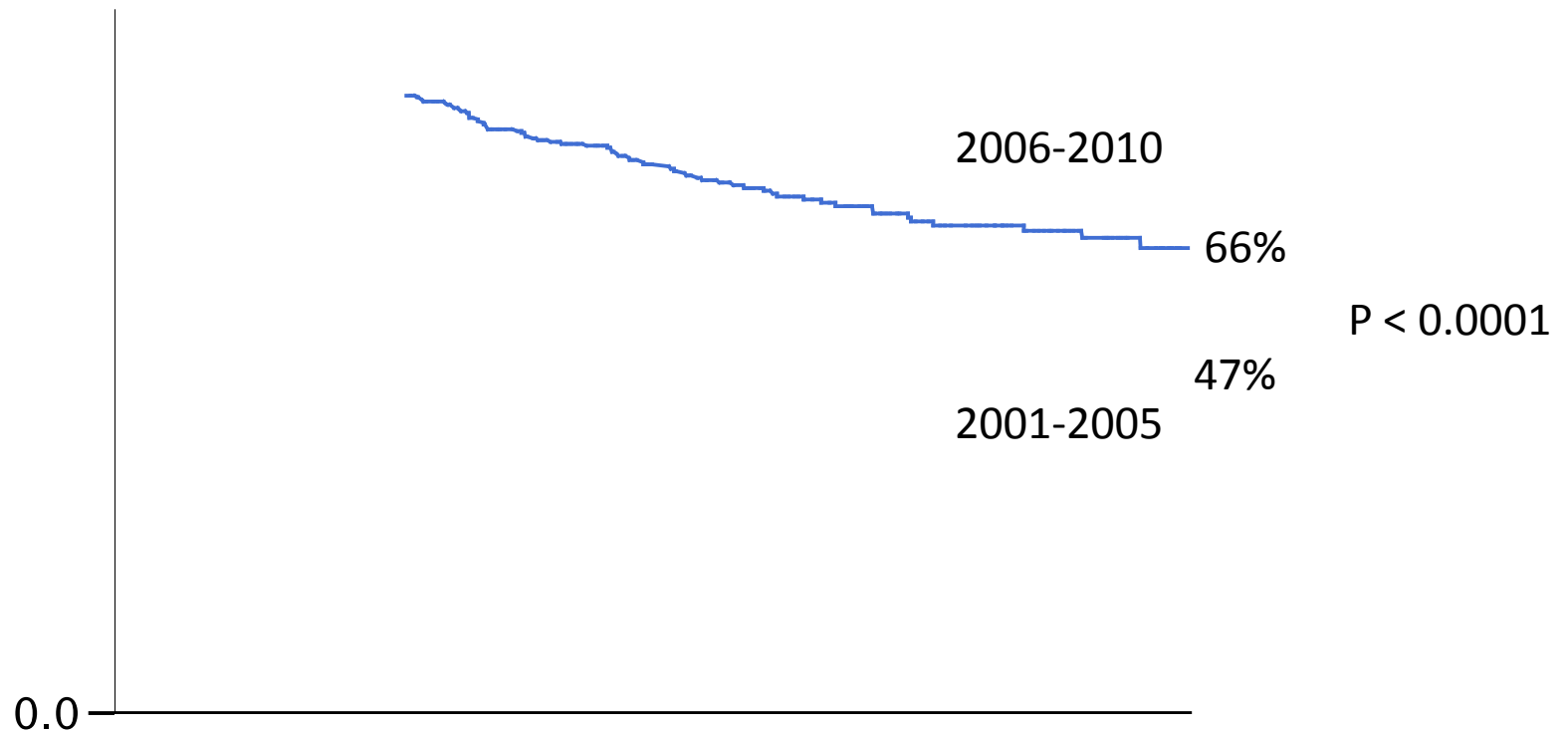
# Multiple Myeloma 1971-2006

n=2,981



Kumar et al: Blood 111:2516, 2008

# Multiple Myeloma Mayo Patients



# Novel Agents

- **High Dose Therapy with stem cell transplant**
- **Thalidomide**
- **Bortezomib (Velcade)**
- **Lenalidomide (Revlimid)**

# Multiple Myeloma Novel Agents

**Pomalidomide (Pomalyst)      CC-4047**

**Carfilzomib (Kyprolis)      PR-171**

# Multiple Myeloma Novel Agents

**Proteasome inhibitor (oral/IV)**

**MLN-9708**

**Proteasome inhibitor (oral)**

**NPI-0052**

**Elotuzumab**

**Bendamustine**

**Histone deacetylase inhibitor**

**Vorinostat (SAHA)**

**Histone deacetylase inhibitor**

**Panobinostat**

# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Open Trials:

| Title   | Therapeutic Status                                | Treatment Plan  | Cycle Length      | CRC Contact      |
|---|---|---|-------------------|------------------|
| MC1382 – Phase 1/2 trial of MLN9708 in combination with cyclophosphamide and dexamethasone in patients with previously untreated symptomatic multiple myeloma | Previously untreated symptomatic Multiple Myeloma | <ul style="list-style-type: none"> <li>• MLN9708 PO days 1,8,15</li> <li>• Cyclophosphamide PO days 1,8,15, 22</li> <li>• Dexamethasone PO days 1,8,15,22</li> </ul> Given for 12 cycles then <ul style="list-style-type: none"> <li>• MLN9708 PO days 1,8,15 maintenance (alone) until disease progression</li> </ul>                              | 1 cycle = 28 days | Anne Marie Allen |
| MC1181 – Phase II Trial of MLN9708 in Patients with Relapsed Multiple Myeloma Not Refractory to Bortezomib  | Relapsed Multiple Myeloma                         | <ul style="list-style-type: none"> <li>• Equal randomization odds to Arm B/C</li> <li>• Arm B: MLN9708 (4mg) plus Dexamethasone (40mg), PO days 1,8,15</li> <li>• Arm C: MLN9708 (5.5mg) plus Dexamethasone (40mg), PO days 1,8,15</li> </ul> Continue until disease progression or unacceptable adverse events                                     | 1 cycle = 28 days | Cassandra Wolf   |
| MC1082 – Phase I/II Trial of Pomalidomide (CC-4047), Bortezomib, and Dexamethasone in Patients with Relapsed or Refractory Multiple Myeloma                   | Relapsed or Refractory Multiple Myeloma           | <ul style="list-style-type: none"> <li>• Pomalidomide PO Days 1-21</li> <li>• Bortezomib IV Days 1,8,15,22</li> <li>• Dexamethasone PO Days 1,8,15,22</li> </ul> Given for 8 cycles then <ul style="list-style-type: none"> <li>• Pomalidomide PO maintenance (alone) Days 1-21 until disease progression or unacceptable adverse events</li> </ul> | 1 cycle = 28 days | Kevin Morrison   |

# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Open Trials:

| Title  | Therapeutic Status   | Treatment Plan  | Cycle Length      | CRC Contact      |
|--|--|---|-------------------|------------------|
| PrE1003 – Phase I/II Study of the Tolerability of Lenalidomide and Low Dose Dexamethasone in Previously Treated Multiple Myeloma Patients with Impaired Renal Function | Previously Treated Multiple Myeloma  | <ul style="list-style-type: none"> <li>• Patients registered to Group A/B/C based on renal function</li> <li>• Lenalidomide PO at assigned dose Days 1-21</li> <li>• Dexamethasone PO 40mg Days 1,8,15,22</li> </ul> <p>Continue until disease progression or unacceptable adverse events</p> | 1 cycle = 28 days | Kevin Morrison   |
| MC1381 – Phase II Study of LCL161 Alone and in Combination with Cyclophosphamide in Patients with Relapsed or Refractory Multiple Myeloma                              | Relapsed or Refractory Multiple Myeloma  | <ul style="list-style-type: none"> <li>• LCL161 PO Days 1,8,15,22</li> <li>• Given weekly for at least 2 cycles, then if less than minor response achieved, Cyclophosphamide PO added Days 1,8,15,22</li> </ul> <p>Continue until disease progression or unacceptable adverse events</p>      | 1 cycle = 28 days | Kevin Morrison   |
| 2011-001 – Phase 1b/2 Open-label Study of the Safety and Activity of Oprozomib in Patients with Hematologic Malignancies   | Confirmed diagnosis of a hematologic malignancy that has relapsed standard therapy (excl. acute leukemia or MDS) | <ul style="list-style-type: none"> <li>• Oprozomib PO on Days 1-5</li> </ul> <p>Expected minimum duration 36 months<br/>*Multiple Myeloma and Waldenström's Macroglobulinemia patients enrolled at Mayo Clinic will be in Phase 2</p>   | 1 cycle = 14 days | Anne Marie Allen |

# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Open Trials:

| Title   | Therapeutic Status                      | Treatment Plan  | Cycle Length      | CRC Contact    |
|---|---|---|-------------------|----------------|
| MC1182 – Phase II Trial of nab-paclitaxel (Abraxane) in Patients With Relapsed or Refractory Multiple Myeloma   | Relapsed or Refractory Multiple Myeloma | <ul style="list-style-type: none"> <li>• Abraxane IV Days 1,8,15,22</li> <li>• Given for 12 cycles then may continue at physician discretion</li> </ul> <p>Continue until disease progression or unacceptable adverse events</p>                                    | 1 cycle = 28 days | Cassandra Wolf |
| FRF4998g – Phase I Trial of the Safety and Pharmacokinetics of Escalating Doses of DFRF4539A in Patients with Relapsed or Refractory Multiple Myeloma | Relapsed or Refractory Multiple Myeloma | <ul style="list-style-type: none"> <li>• DFRF4539A given IV weekly or once every 3 weeks based on grouping</li> </ul> <p>Continue until disease progression or unacceptable adverse events</p>  | 1 cycle = 21 days | JR Singh       |
| M13-367 – A Phase 1 Study Evaluating the Safety and Pharmacokinetics of ABT-199 in Subjects with Relapsed or Refractory Multiple Myeloma              | Relapsed or Refractory Multiple Myeloma | <p>Two Portions:</p> <ol style="list-style-type: none"> <li>1. Dose Escalation</li> <li>2. Safety Expansion Cohort</li> </ol> <ul style="list-style-type: none"> <li>• ABT-199 PO day 1 of each cycle</li> </ul> <p>Study PK's and lead in days may be required</p> | 1 cycle = 21 days | Mike Anderton  |



# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Open Trials:

| Title  | Therapeutic Status  | Treatment Plan   | Cycle Length      | CRC Contact       |
|--|---|--|-------------------|-------------------|
| MC1113 – Phase I Trial of CDK Inhibitor Dinaciclib in Combination with Bortezomib and Dexamethasone  | Relapsed Multiple Myeloma   | <ul style="list-style-type: none"> <li>• Dinaciclib IV Day 1</li> <li>• Bortezomib SQ Days 1, 8</li> <li>• Dexamethasone PO</li> </ul> Continue until disease progression or unacceptable adverse events | 1 cycle = 21 days | JR Singh          |
| TED10893 – Phase I Dose Escalation Safety and Pharmacokinetic Study of Multiple Intravenous Administrations of a Humanized Monoclonal Antibody (SAR6509884) against CD38 in Patients with Selected CD38 Hematological Malignancies | Relapsed or Refractory Multiple Myeloma or other CD38+ Hematological Malignancies | <ul style="list-style-type: none"> <li>• SAR6509884 IV every 2 weeks or weekly based on grouping</li> </ul> Continue until disease progression or unacceptable adverse events                            | 1 cycle = 21 days | Deborah Gallagher |

# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Pending Trials:

| Title   | Therapeutic Status                      | Treatment Plan | Cycle Length | CRC Contact |
|---|---|----------------|--------------|-------------|
| MC1383 – Phase 1/2 Clinical Trial of MK-7965 (Dinaciclib) in Combination with Carfilzomib and Dexamethasone in Relapsed Multiple Myeloma                | Relapsed Multiple Myeloma               | Pending        | Pending      | Pending     |
| MMRC-051 Phase I/II trial of MLN9708 plus Pomalidomide and Dexamethasone for Relapsed or Refractory Multiple Myeloma                                    | Relapsed or Refractory Multiple Myeloma | Pending        | Pending      | Pending     |
| A Randomized, Open-label Phase 3 Study of Filanesib (ARRY-520) + Carfilzomib Versus Single-agent Carfilzomib in Patients With Advanced Multiple Myeloma | Advanced Multiple Myeloma               | Pending        | Pending      | Pending     |

# Multiple Myeloma Clinical Trials at Mayo Clinic Arizona

## Pending Trials:

| Title  | Therapeutic Status                | Treatment Plan | Cycle Length | CRC Contact |
|--|-----------------------------------|----------------|--------------|-------------|
| OZM-440<br>Safety Study of the<br>Selective Inhibitor of<br>Nuclear Export (SINE) KPT-<br>330 in Patients With<br>Advanced Hematological<br>Cancer (Phase 1 title) | Advanced<br>Hematological Cancers | Pending        | Pending      | Pending     |

Questions about Clinical Trials?  
Please call the Cancer Clinical Research Office  
(480) 301-4268

