



Press Release

FOR IMMEDIATE RELEASE

Contact: Barbara Kavanagh, Founder/President

Phone: (623) 388-6837 Fax: (623) 243-6580

Email: AzMyelomaNetwork@cox.net

Website: www.azmyelomanetwork.org

AzMN Hosts Seminars to ‘Take Care of the Cancer Caregiver’

GLENDALE, AZ – January 14, 2015 – The Arizona Myeloma Network (AzMN), will be hosting a series of free Cancer Caregivers’ seminars for all cancers starting this month. The upcoming dates for the seminars are as follows:

January 31, 2015 (Saturday) 8:30am-11:30am Free Cancer Caregivers' Seminar at Cancer Support Community Arizona, 360 Palm Lane, Phoenix

February 18, 2015 (Wednesday) 5:30pm-7:30pm Free Cancer Caregivers' Seminar at Cancer Treatment Centers of America, 14200 Celebration Way, Goodyear

April 18, 2015 (Saturday) 8:30am-12:30pm Free Cancer Caregivers' Seminar at Banner MD Anderson Cancer Center, 2946 E Banner Gateway Dr, Gilbert

AzMN developed and introduced the Cancer Caregiver Educational Support Program (CCESP™) in 2013. The program is a FREE seminar designed to provide caregivers of cancer patients and the patient’s team with practical knowledge, skills and strategies necessary for effectively caring for their loved ones as well as themselves. Due to its success, the seminar has now become a regular addition to AzMN’s advocacy programs and is being held in partnership with major cancer organizations at different venues throughout the greater Phoenix area.

“Being a caregiver, I recognize how important it is to have support, as well as access to resources,” says Barbara Kavanagh, Founder of AzMN and a caregiver to her husband Jack, a myeloma survivor. The goal of our caregivers’ seminars is not only to educate the caregivers, but to give them the support they need to be ‘good caregivers’ and still take care of themselves.”

The program is designed for **cancer caregivers, friends of the caregiver and family members of the patient**. It is important that all members of the patient’s ‘team’ understand the role and tasks of the caregiver so they may provide support when the caregiver is overwhelmed.

More information about this FREE program can be found at:

<http://www.azmyelomanetwork.org/what/caregiver-program.html>. Space is limited, so pre-registration is recommended. **All cancer caregivers, organizations, and resources are welcome to register and attend! Sponsorships and donations are appreciated.**

This program is funded in part from the generous financial support of BHHS Legacy Foundation, an Arizona charitable organization whose philanthropic mission is to enhance the quality of life and health of those it serves, and Millennium, The Takeda Oncology Company.

About Arizona Myeloma Network

Myeloma is a complex and often misdiagnosed cancer of bone marrow plasma cells that attacks and destroys the bone. Founded in 2004, the Arizona Myeloma Network (AZMN) is a 501(c)(3) nonprofit charity organization that conducts outreach events and education programs, with special consideration for the underserved African-American, Asian-Pacific, Hispanic and Native American populations. Volunteers and donations are always welcomed – see www.azmyelomanetwork.org.

###