

# **CANCER AWARENESS RIDE**

**Date:** June 5, 2010

**Time:** 8:00 a.m. – Posting of Colors

8:10 a.m. – Registration and Safety Briefing

8:30 a.m. – Kick Stands Up

**Place:** Navajo Nation Museum

**Fee:** \$10/person

Upon return, attend the conference program to learn more about cancer and resources available to the Navajo Nation.

## **3rd Annual AzMN/Ft. Defiance Cancer Awareness & Advocacy Program**

Registration is required for the **FREE** conference at

[www.azmyelomanetwork.org](http://www.azmyelomanetwork.org).

**Contact:** Mechelle-Morgan-Flowers, Utilization Review/

Discharge Planner, Ft. Defiance Hospital, 928-729-8024

Email: [Mechelle.Morgan-Flowers@ihs.gov](mailto:Mechelle.Morgan-Flowers@ihs.gov)

Barbara Kavanagh, MSW, Founder & President,

AzMN, 623-388-6837

Email: [azmyelomanetwork@cox.net](mailto:azmyelomanetwork@cox.net)



As most of you know, Navajos are affected by many illnesses including cancers of all sorts - both women and men alike. We are not alone and here is a chance to learn more about the many types, the signs and symptoms as well as support groups out there willing and able to help our families. In addition to riding with us, please tell family members about this **FREE** event so they (we) can network with all health personnel from far and wide that care and want to help us.

**For more information about the ride, please call**

**Forrest @ 928 206 6421 (cell).**

