

# Multiple Myeloma

**7<sup>th</sup> Annual Living with Myeloma Conference**  
**New Developments in Multiple Myeloma**  
**Treatment: A 25-year Review**  
**Scottsdale, AZ**  
**March 23, 2013**  
**Robert A. Kyle, MD**



**Scottsdale, Arizona**



**Rochester, Minnesota**



**Jacksonville, Florida**



# Disclosures for Robert A. Kyle

**Johnson & Johnson**

**Disease Monitoring Committee**

**Celgene**

**Disease Monitoring Committees**

**Novartis**

**Disease Monitoring Boards**

**Merck**

**Data Monitoring Committee**

**Bristol-Myers Squibb**

**Independent Monitoring Committee**

**Aeterna Zentaris (Keryx)**

**Data & Safety Monitoring Board**

**Onyx**

**Data Monitoring Committee**

**Binding Site**

**Honoraria**

# Multiple Myeloma Criteria for Diagnosis

- **M-protein in serum and/or urine**
- **Bone marrow clonal plasma cells or plasmacytoma**
- **End-organ damage: CRAB**  
(**h**yper**c**alcemia, **r**enal insufficiency, **a**nemia, **b**one lesions)

# Smoldering Multiple Myeloma (SMM)

**M-protein in serum  
and/or**  $\geq 3$  g/dL

**Plasma cells in marrow**  $\geq 10\%$

**Anemia** None

**Calcium** Normal

**Creatinine** Normal

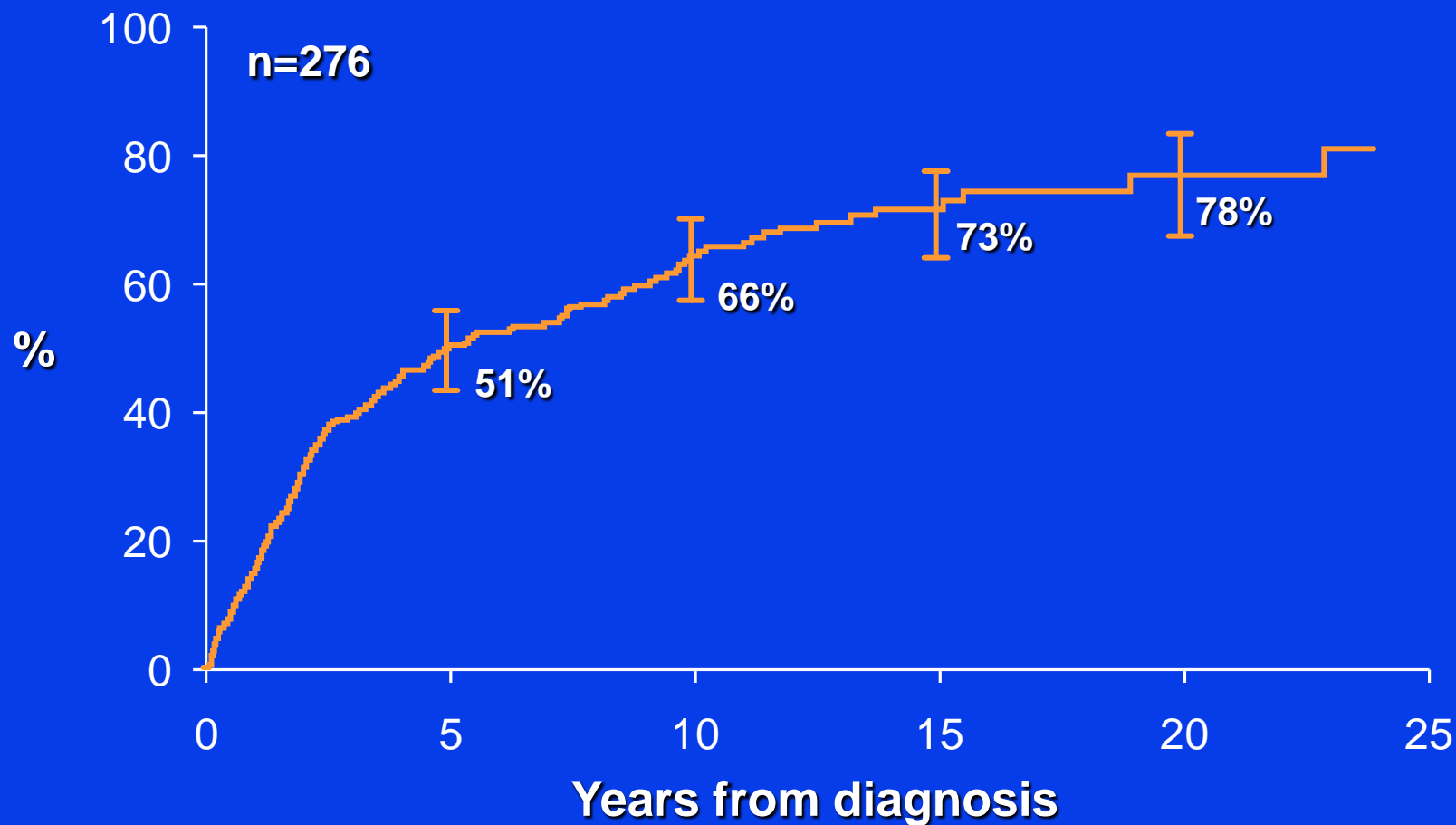
**Lytic lesions** None

**No end organ damage (CRAB)**

Kyle and Greipp NEJM 302:147, 1980

Kyle et al NEJM 356:2582, 2007

# Progression to Multiple Myeloma or Amyloid 1970-1995



Kyle et al: NEJM 356:2582, 2007

**URETHANE AND STILBAMIDINE IN  
MULTIPLE MYELOMA \***

**REPORT ON TWO CASES**

**NILS ALWALL**

**M.D. Lund**

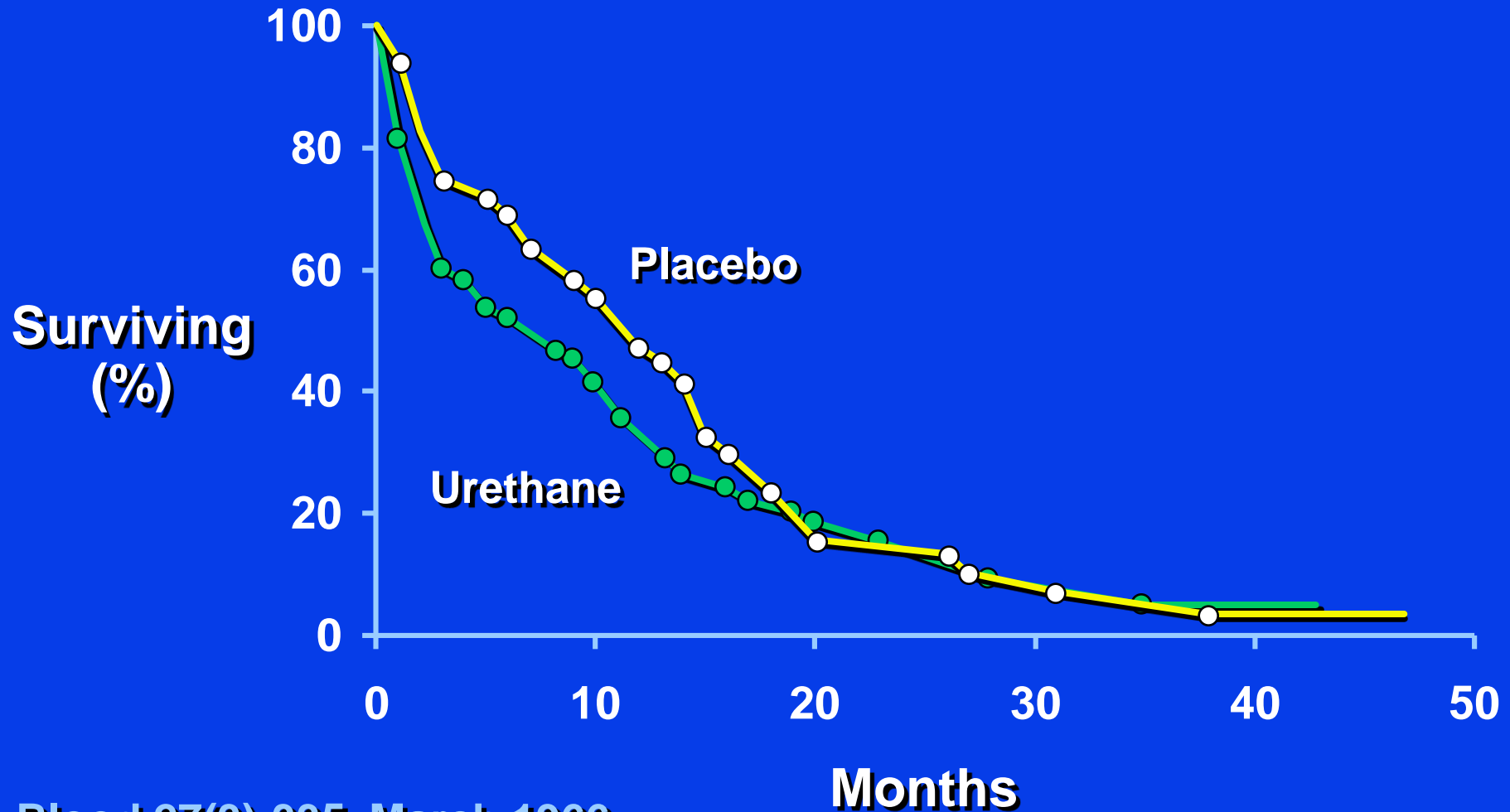
*From the Medical Clinic, Lund University, Sweden*

**Lancet 2:388, 1947**





# Survival from Onset of Treatment of Multiple Myeloma





# Treatment of Multiple Myeloma

**L-sarcosylsin (L-phenylalanine  
mustard) (Melphalan) (Alkeran)**

**Blokhin et al, 1958**

**Bergsagel et al, 1962**

# Multiple Myeloma Single (M/P) vs Combination Chemotherapy (CCT)

**n=4,930 (20 trials)**

<b>Therapy</b>	<b>Response (%)</b>
<b>M/P</b>	<b>53</b>
<b>CCT</b>	<b>60</b>

**P<0.00001**

**No difference in survival**

**No subsets with benefit**

# mSMART 2.0: Classification of Active MM

## High-Risk

- FISH
  - Del 17p
  - t(14;16)
  - t(14;20)
- GEP
  - High risk signature

## Intermediate-Risk\*

- FISH
  - t(4;14)‡
- Cytogenetic Deletion 13 or hypodiploidy
- PCLI  $\geq 3\%$

## Standard-Risk\*†

- All others including:
- Hyperdiploid
  - t(11;14)\*\*
  - t(6;14)

\* Note that a subset of patients with these factors will be classified as high-risk by GEP

† LDH >ULN and beta-2 M > 5.5 may indicate worse prognosis

‡ Prognosis is worse when associated with high beta-2 M and anemia

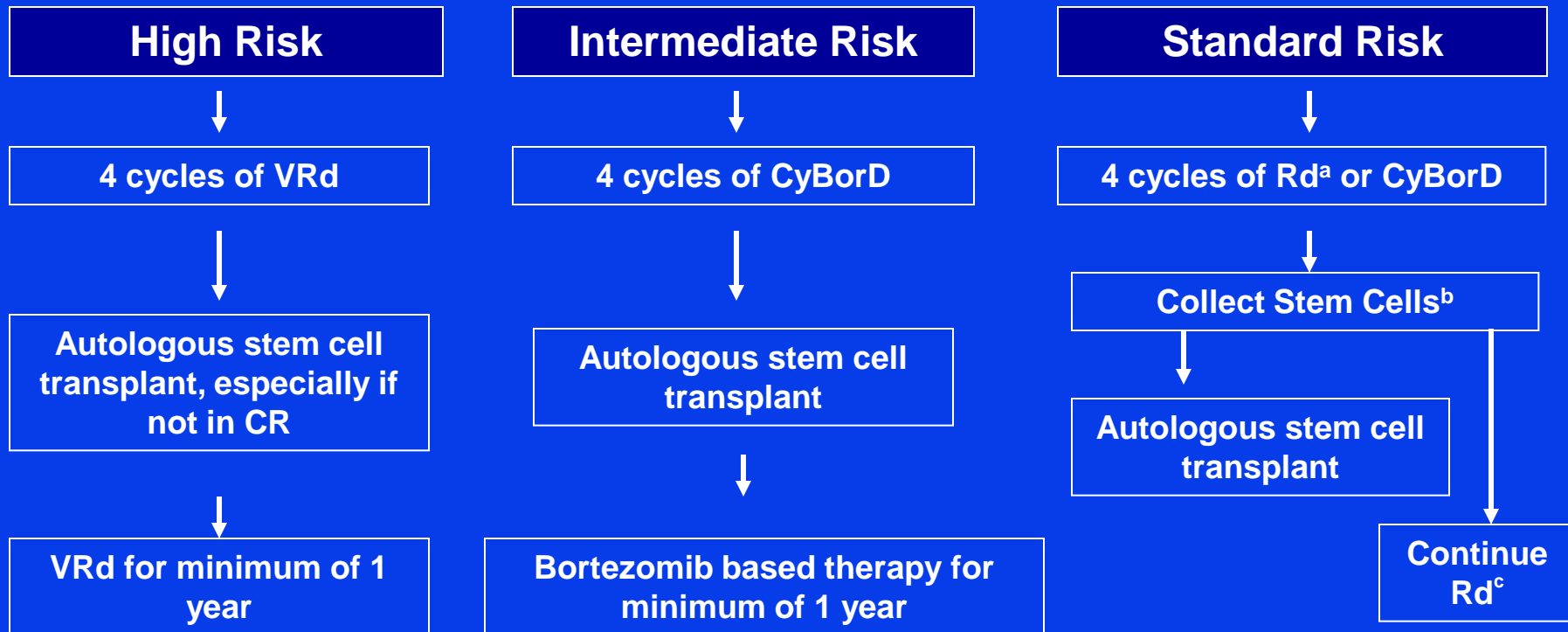
\*\*t(11;14) may be associated with plasma cell leukemia

# Multiple Myeloma

## Autologous Transplant Eligibility

- **Diagnosis of Multiple Myeloma with CRAB**
- **Age (physiologic) < 70**
- **Performance status (0-2)**
- **Bilirubin  $\leq$  2.0 mg/dL, creatinine  $\leq$  2.5 mg/dL & New York Heart Class I or II**
- **Adequate stem cells**
- **Concomitant diseases (heart, stroke, etc.)**

# mSMART – Non-Protocol *Transplant Eligible*

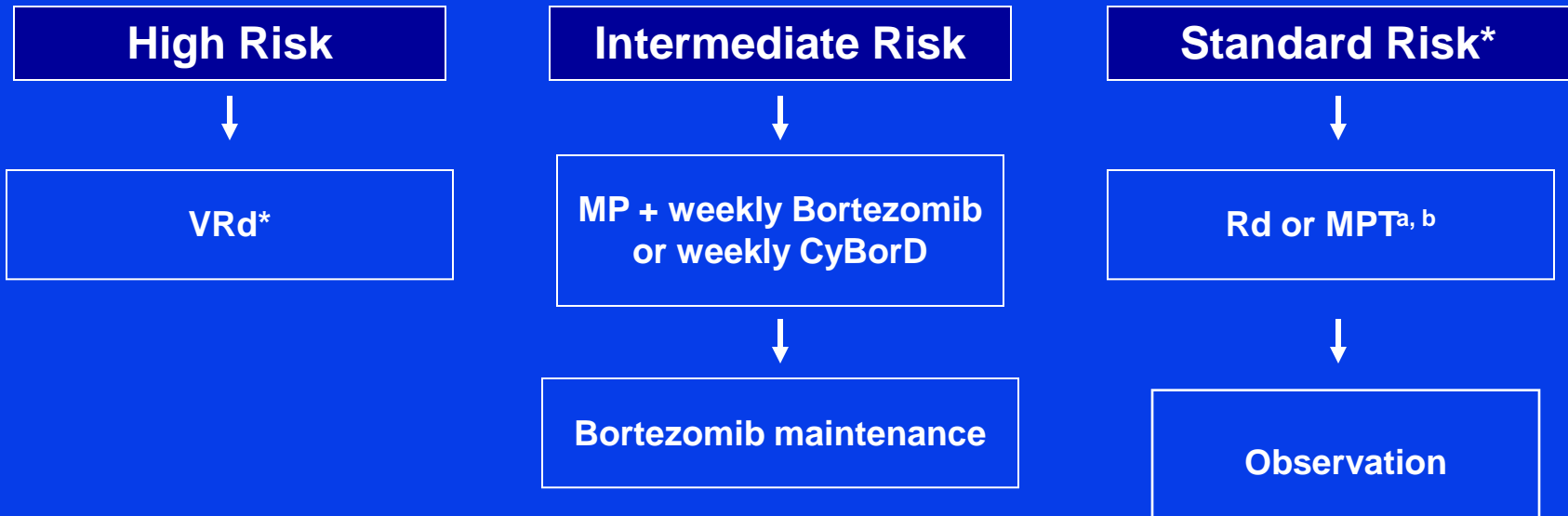


<sup>a</sup> Bortezomib containing regimens preferred in renal failure or if rapid response needed

<sup>b</sup> If age >65 or > 4 cycles of Rd Consider G-CSF plus cytoxan or plerixafor

<sup>c</sup> Continuing Rd is option for patients responding to Rd and with low toxicities; Dex is usually discontinued after first year

# mSMART – Non-Protocol *Transplant Ineligible*



*<sup>a</sup> In patients treated with Rd, continuing treatment is an option for patients responding well with low toxicities; Dex is usually discontinued after first year*

*<sup>b</sup> Bortezomib containing regimens preferred in renal failure or if rapid response needed*

*\*Clinical trials strongly recommended as the first option*



# Multiple Myeloma Untreated

## Initial Therapy

Transplant eligible

# Survival Rate

## Survival Probability

**N**

**One-Year  
%**

**Two-Year  
%**

**Lenalidomide 25 mg d 1-21 +  
Dexamethasone 40 mg  
d 1-4, 9-12, 17-20**

**223**

**87**

**75**

**vs.**

**Lenalidomide 25 mg d 1-21 +  
Dexamethasone 40 mg  
d 1, 8, 15, 22**

**222**

**96**

**87**

**Rajkumar, et al., Lancet Oncology 11:29, 2010.**

# Multiple Myeloma

Untreated  
N = 48

Response

<b>Bortezomib 1.3 mg/M2</b>		<b>%</b>
<b>2/wk x 2 q3 wks</b>	<b>CR/NCR</b>	<b>19</b>
<b>+</b>		
<b>Dexamethasone 40 mg</b>		
<b>Day of and day after Bortezomib</b>	<b>PR</b>	<b>71</b>
<b>if no response</b>		
	<b>Total</b>	<b>90</b>

**Overall survival 67% at 4 years**

# Multiple Myeloma Bortezomib Therapy

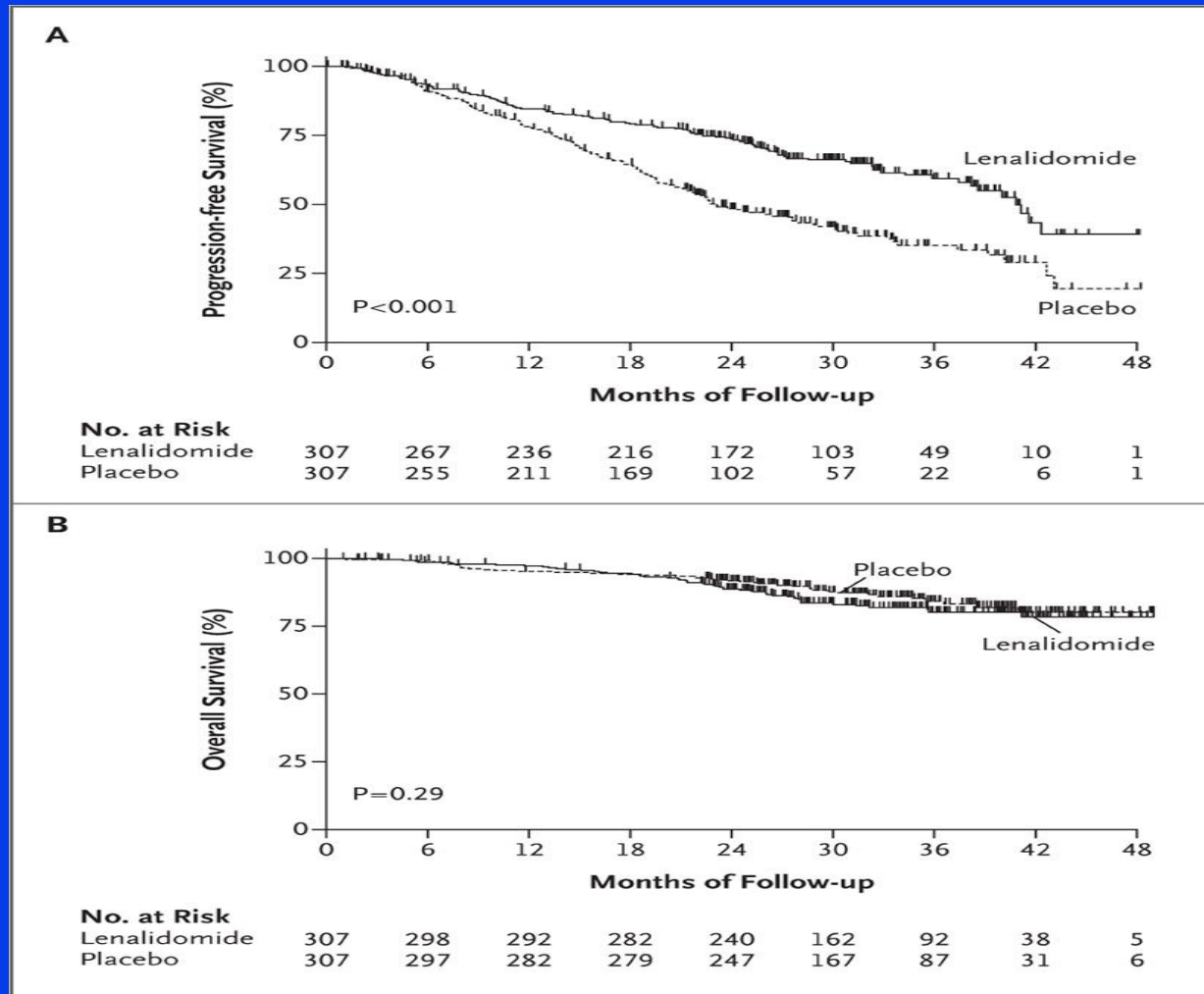
- Give at weekly intervals (3 of 4)
- May give subcutaneously

# Multiple Myeloma Maintenance After Transplant N=614

	PFS MOS (med)	OS 4 yr %	Second Cancer/ 100 patient years
Lenalidomide 10-15 mg daily	41	73	3.1
vs			
Placebo	23	75	1.2

# Multiple Myeloma

## Lenalidomide Maintenance after Stem-Cell Transplantation

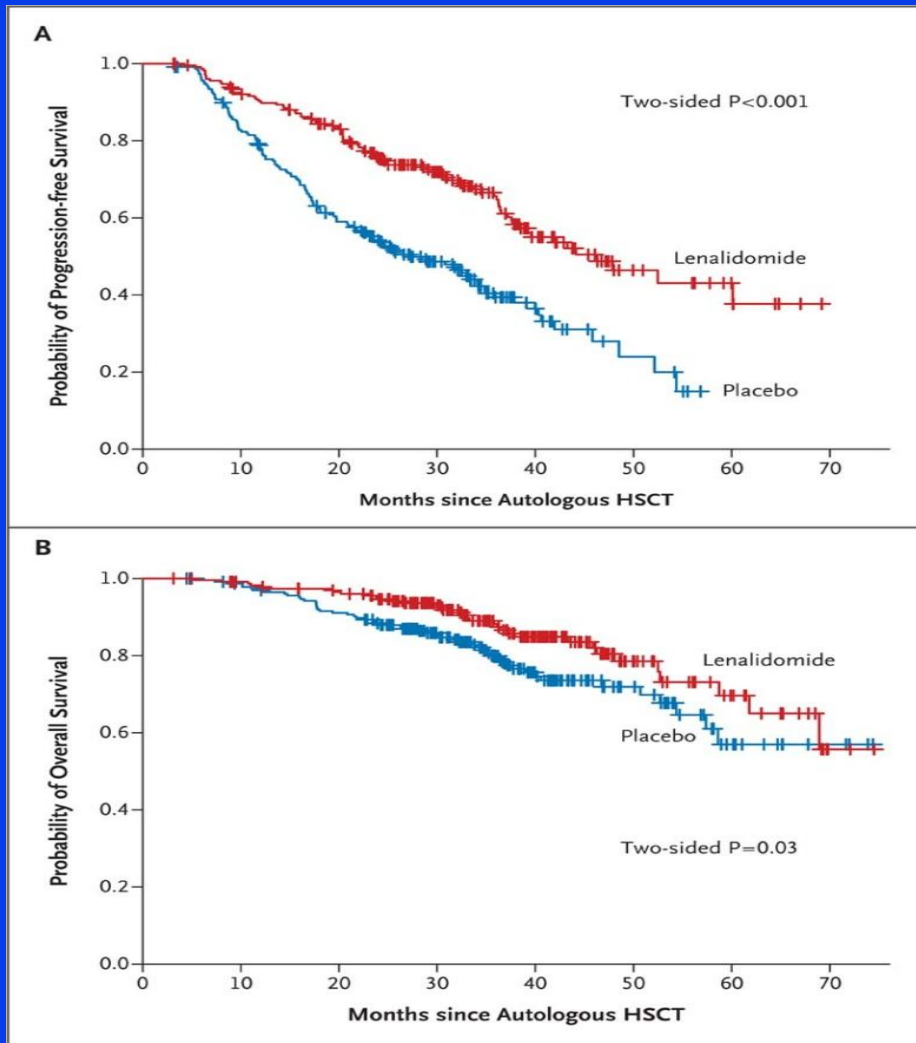




# Multiple Myeloma Maintenance After Transplant N=460

	PFS	OS	Second Cancers %
	MOS (med)	3 yr %	
<b>Lenalidomide 10-15 mg daily</b>	<b>39</b>	<b>88</b>	<b>7.8</b>
<b>vs</b>			
<b>Placebo</b>	<b>21</b>	<b>80</b>	<b>2.6</b>

# Multiple Myeloma Lenalidomide Maintenance



# Multiple Myeloma Transplant Ineligible Maintenance Therapy N=459

	<b>PFS MOS</b>	<b>OS 3 yr %</b>	<b>Second Primary malignancies %</b>
<b>MPR-R</b>	<b>31</b>	<b>70</b>	<b>7</b>
<b>MPR</b>	<b>14</b>	<b>62</b>	<b>7</b>
<b>MP</b>	<b>13</b>	<b>66</b>	<b>3</b>

# Multiple Myeloma Maintenance Considerations

- **Meaningful OS**
- **Risk of second cancers**
- **Unforeseen adverse effects**
- **Need for physician visits on maintenance**
- **Quality of life**
- **Resistance of residual myeloma?**
- **Cost (\$100,000 per year)**

# Multiple Myeloma Untreated

**Initial therapy**

**Transplant ineligible**

# Multiple Myeloma Relapsed/Refractory

009,010  
N = 704

	Response CR/PR %	TTP Mos (Med)
<b>Lenalidomide 25 mg d1-21 + Dexamethasone 40 mg d 1-4, 9-12, 17-20</b>	<b>60.5</b>	<b>11.2</b>
<b>vs.</b>		
<b>Placebo d. 1-21 + Dexamethasone 40 mg d 1-4, 9-12, 17-20</b>	<b>22</b>	<b>4.7</b>



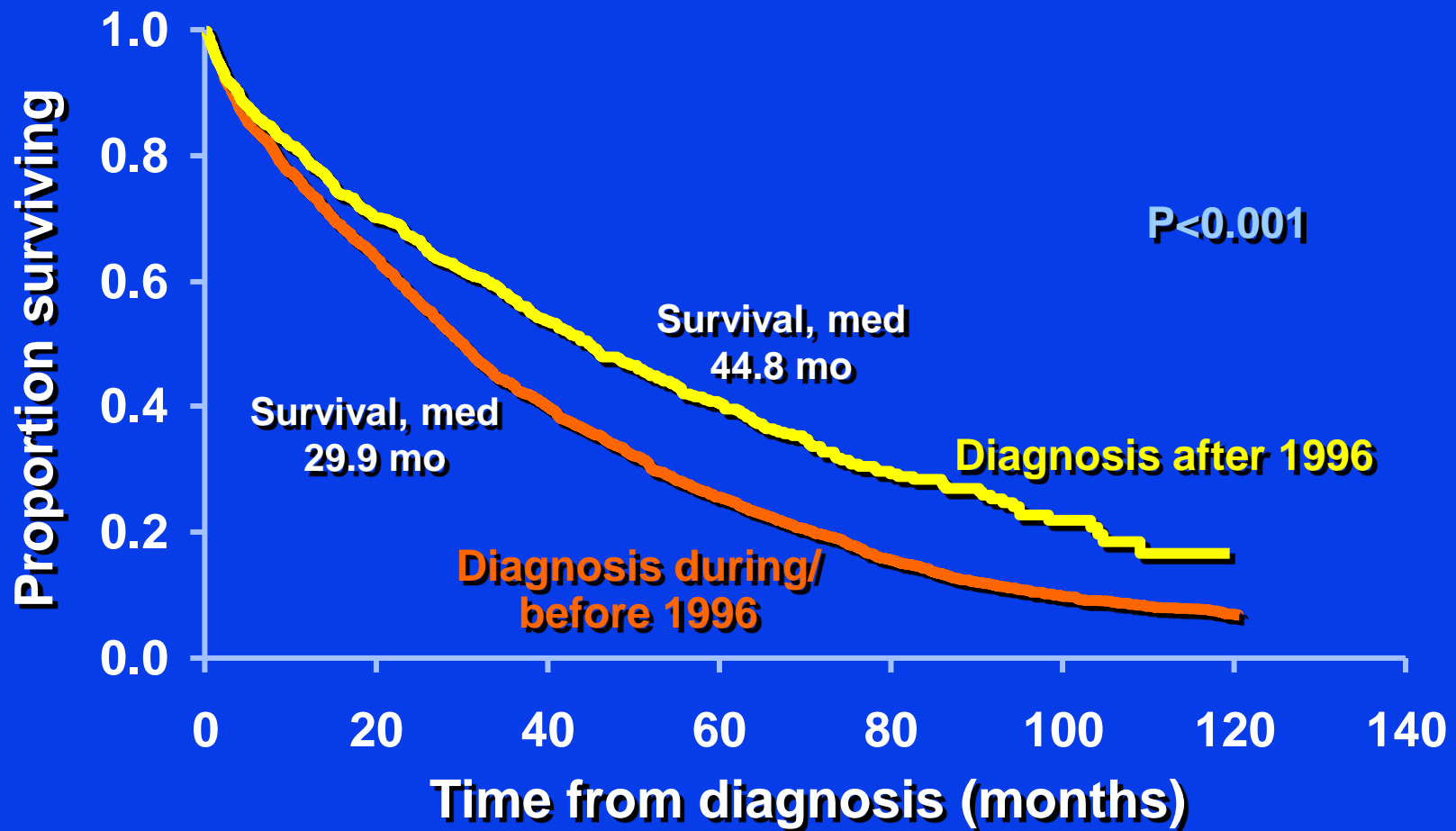


# Multiple Myeloma Response to Treatment

	<b>MPV N=337</b>	<b>MP N=331</b>
<b>CR (IF-)</b>	<b>30%</b>	<b>4%</b>
<b>PR <math>\geq</math></b>	<b>71%</b>	<b>35%</b>
<b>Duration of Response (Med, Mos)</b>	<b>19.9</b>	<b>13.1</b>

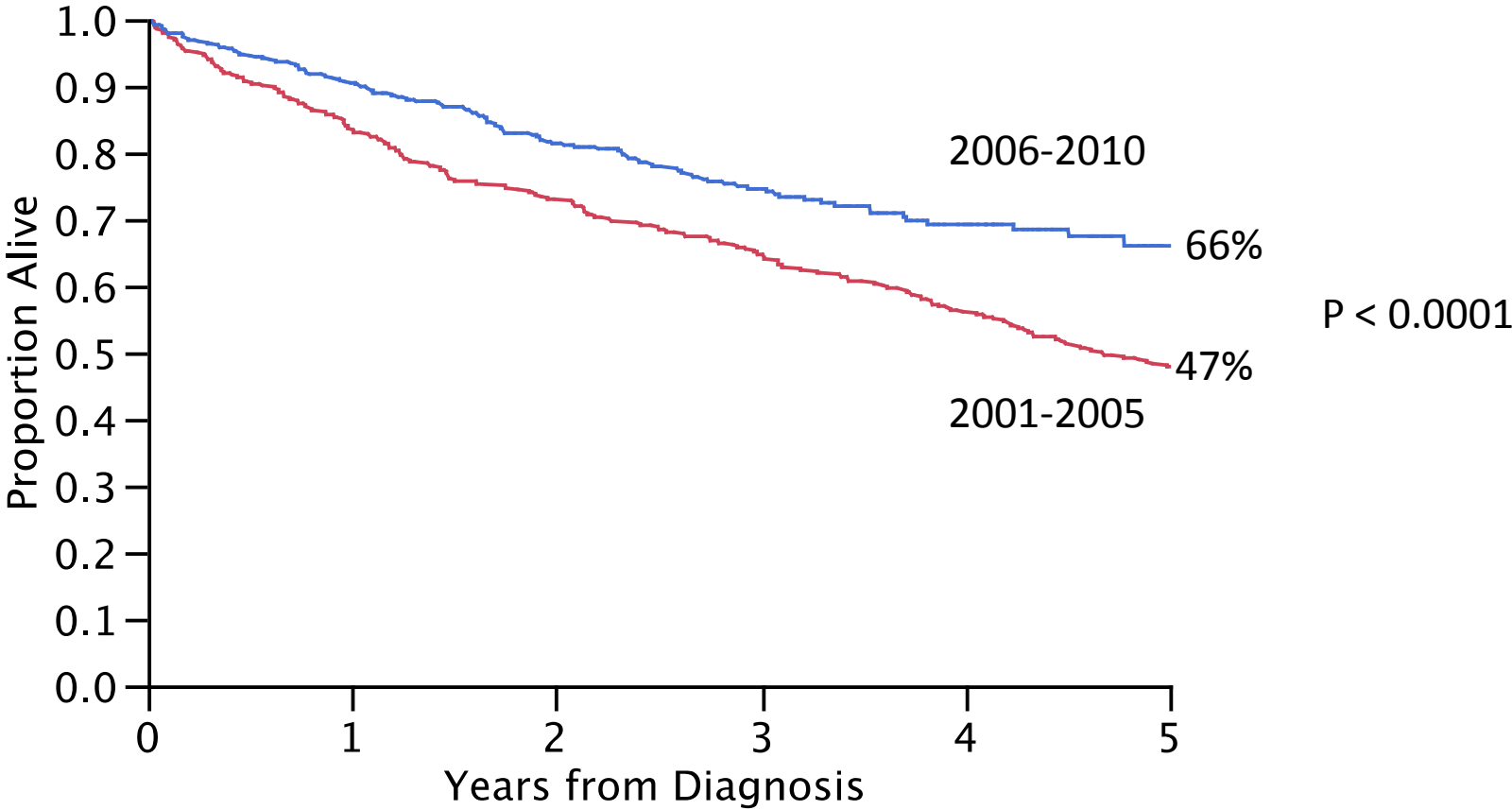
# Multiple Myeloma 1971-2006

n=2,981



Kumar et al: Blood 111:2516, 2008

# Multiple Myeloma Mayo Patients



# Multiple Myeloma Novel Agents

**Pomalidomide**

**CC-4047**

**Carfilzomib**

**PR-171**

**Proteasome inhibitor (oral/IV)**

**MLN-9708**

**Proteasome inhibitor (oral)**

**NPI-0052**

**Elotuzumab**

**Bendamustine**

**Histone deacetylase inhibitor**

**Vorinostat (SAHA)**

**Histone deacetylase inhibitor**

**Panobinostat**

# Patients Refractory to LEN, and LEN + BORT

## Best Overall Response

### Pomalidomide

	LEN and BORT refractory*	
	POM (n = 64)	POM + LoDEX (n = 69)
ORR (≥ PR) %	16	30
CR %	2	0
VGPR	2	6
PR %	14	30
Median time to response, months	2.0	1.8
Median duration of response, months	8.3	6.5

\*Refractory defined as progression while on the last LEN- or BORT containing regimen, or within 60 days after the last dose of that therapy

Richardson et al., ASH 2011

# Multiple Myeloma

## Relapsed/Refractory to both Lenalidomide and Bortezomib (N=35)

<b>Pomalidomide</b>	<b>VgPR</b>	<b>PR</b>	<b>MR</b>	<b>ORR</b>
<b>2 mg daily</b>				
<b>+</b>	<b>9%</b>	<b>23%</b>	<b>14%</b>	<b>46%</b>
<b>Dexamethasone 40 mg</b>				
<b>d 1, 8, 15, 22</b>				

Lacy et al JCO 28:573S (8002), 2010

# Carfilzomib

- **Selective and irreversible proteasome binding**
- **No neurotoxicity in animals**

<sup>1</sup>Demo S et al. *Cancer Res.* 2007;67:6383. <sup>2</sup>Kirk C et al. *Blood.* 2008;112: 2765.

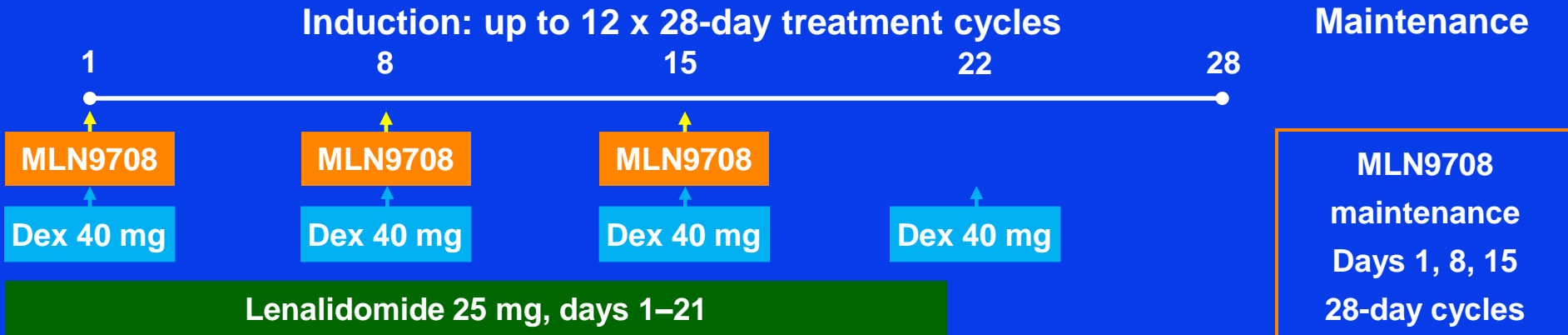
# Single-agent Anti-tumor Activity *Bortezomib-naïve*

	Cohort 1 20 mg/m <sup>2</sup> (n=59)	Cohort 2 20/27 mg/m <sup>2</sup> Bortezomib-naïve (n=67)*
Best Response	%	%
CR	3	2
VGPR	14	27
PR	25	24
<b>ORR (CR+VGPR+PR)</b>	<b>42</b>	<b>52</b>
PD	12	16

*\*3 patients were not included as they did not have either baseline or post-baseline assessment.*



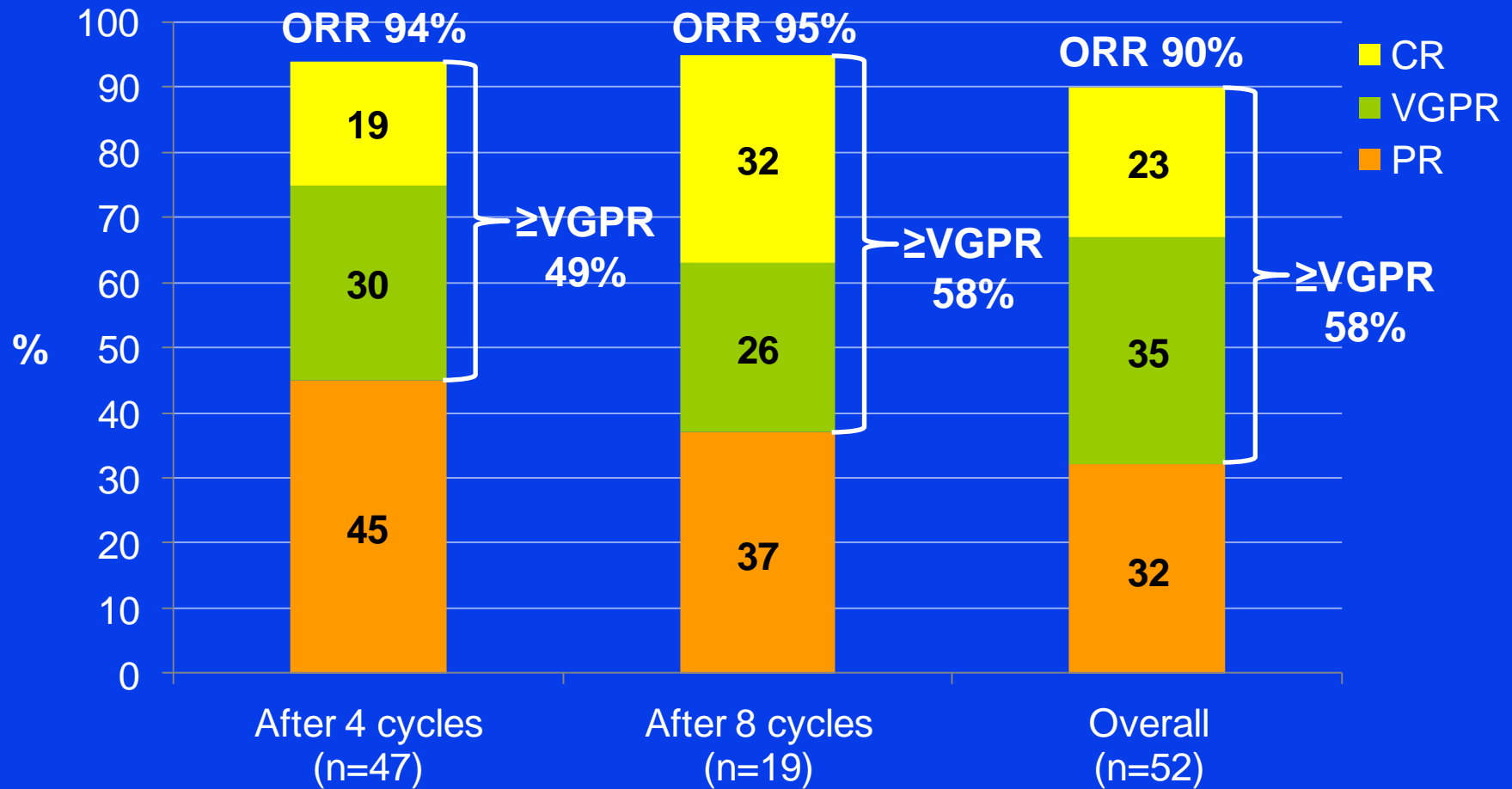
# Study design



- ▶ Phase 1: oral MLN9708 dose-escalation
  - Standard 3+3 schema, 33% dose increments, based on cycle 1 dose-limiting toxicities (DLTs)
- ▶ Phase 2: oral MLN9708 at the RP2D from phase 1
- ▶ Stem cell collection allowed after 3 cycles, with autologous stem cell transplantation (ASCT) deferred until after 6 cycles
- ▶ MLN9708 maintenance continued until progression or unacceptable toxicity

▶ Mandatory thromboprophylaxis with aspirin or low-molecular-weight heparin

# Preliminary response data over course of treatment – patients treated at RP2D (2.23 mg/m<sup>2</sup> / 4.0 mg)



- ▶ Of 3 response-evaluable patients who completed 12 cycles, 2 achieved CR and 1 VGPR

# Conclusions

- **The all-oral combination of weekly MLN9708, lenalidomide, and dexamethasone appears to be generally well tolerated**
  - **To date, the incidence of PN has been limited with this triplet regimen**
- **The primary endpoint of the study was met, suggesting antitumor activity at the RP2D**
  - **At data cut-off, with a median drug exposure of 6 months, 92% of patients overall had achieved PR or better, including a  $\geq$ VGPR rate of 55% and a CR rate of 23%**
  - **Responses increased with number of cycles and deepened over time**
  - **88% of patients achieving CR who were evaluable for MRD status were confirmed as MRD-negative**
- **A phase 3 trial of MLN9708 plus lenalidomide–dexamethasone versus placebo plus lenalidomide–dexamethasone in patients with relapsed and/or refractory MM is currently enrolling (NCT01564537)**
  - **A phase 3 trial of MLN9708 plus lenalidomide–dexamethasone in previously untreated MM is in the planning stages**

